

The Silent Healer

A Modern Study of Aloe Vera

by **Bill C. Coats, R.Ph., C.C.N.**
with Robert Ahola

ing to lose. Within a short period of time, he stabilized the boy's leg and inserted a tube into the bone using the 100% Stabilized* Gel as a drip. Within a few hours, the proteus infection appeared dormant. In less than forty-eight hours, the infection had been eliminated entirely.

The boy recovered and, though fitted with an artificial limb, is healthy and active today.²

Aloe.

Uses — Aloe was known to the ancients . . . It has been employed for eczematous skin conditions in China, India, and Tibet under the names *lu hui*, *musabbar*, and *jelly leeks*, respectively . . .

. . . In the 16th and 17th centuries Aloe was used locally in the treatment of wounds and burns but its use for this purpose entirely disappeared except as an ingredient compound in benzoin tincture . . .³

— United States Dispensatory
and Physicians Pharmacology (1967)

Shreveport, Louisiana. July, 1976. A patient, J. Monte Hayner, had undergone a chronic case of bilateral scleroderma,** a severe hardening of the tissue of both sides of the legs from the ankle to just below the knee. The condition, both unsightly and excruciating, had recently taken a turn for the worse — a pronounced ulceration that increased both in depth and breadth until the ulcers deepening almost to the bone covered the entire lower leg on each leg.

Mr. Hayner's dermatologist, Dr. Albert Irving Clark, tried everything known to medicine to treat this kind of affliction; he ran the gamut of therapy from wet casts, honey, biozyme, grandulex, gold leaf, to numerous other treatments both ordinary and bizarre. Nothing worked. The condition continued to worsen.

** *Scleroderma*. A disease characterized by induration (hardening) and thickening of the skin. The skin becomes firmly adherent to underlying tissue causing stiffening and often ulceration.

clare it something of a phenomenon. And in a personal letter to Aloe Vera of America, Dr. Clark was less than restrained in his evaluations:

...I have been very much impressed with the value of Aloe Vera in this case, when I consider the numerous modalities used prior to Aloe Vera without any results; when I consider the fact that other Dermatologists to whom I sent him did nothing for him; and when I consider the fact that everyone I have spoken to offered me no hope. I can only say that the use of Aloe Vera has cured this man of the severe ulcerations that went with his bilateral Scleroderma. When I consider the man also has Diabetes, Hypertension, elevated cholesterol, and Rheumatoid Arthritis as concomitant diseases, I can wholeheartedly state without any equivocation that the only thing that healed extensive ulcerations of both lower extremities was the use of Aloe Vera supplied by the AVA Corporation which cured this man of the severe pains of Scleroderma...⁴

Very truly yours,
Albert Irving Clark M.D.
Shreveport, Louisiana



Bilateral Scleroderma: J.M. Hayner, Jr. at the time of initial treatment with Stabilized Aloe Vera Gel.*

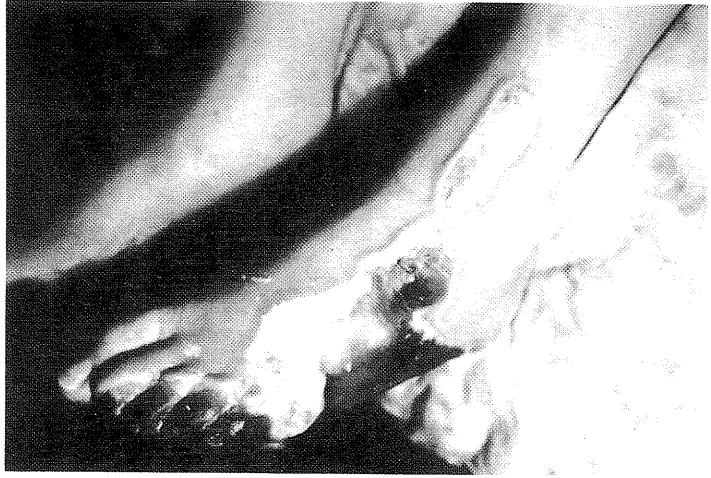
The cathartic action of Aloe is due to a stimulation of peristalsis, especially in the larger bowel, probably the result of a local irritant effect upon the mucous membrane, although there is some evidence that it exercises a specific stimulant effect upon the unstripped muscles; considerable griping pain and is often associated with its action.⁵

U.S. Dispensatory and Physician's Pharmacology
1967

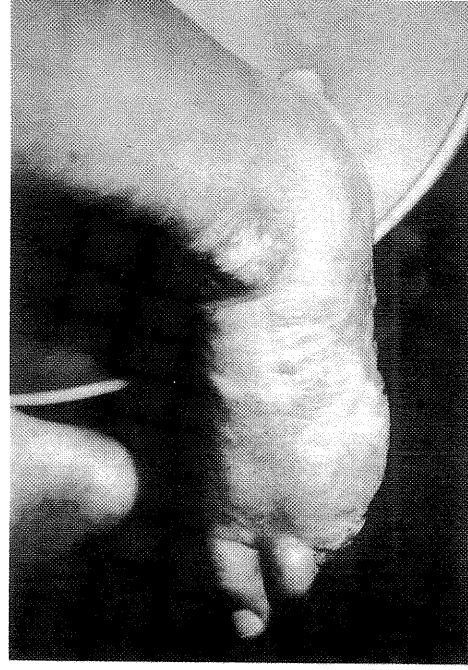
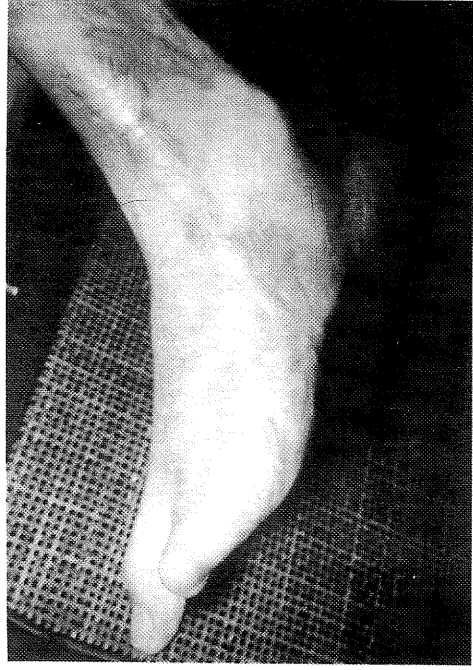
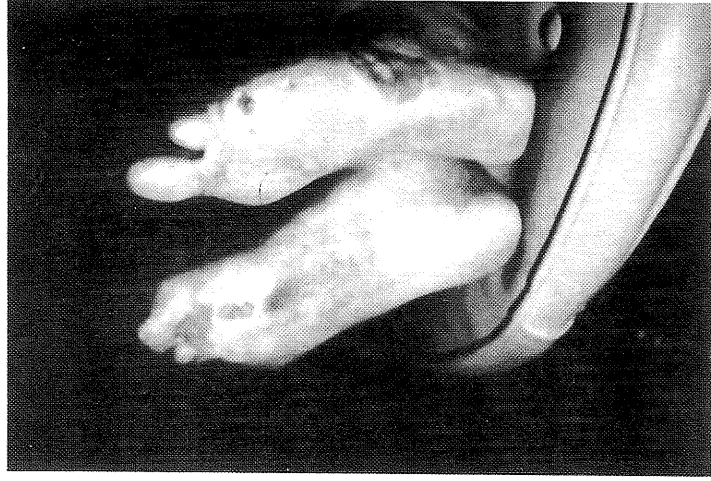
Dallas, Texas. May, 1979. A woman was suffering from a severe ulcerated colon. Several physicians had tried every conventional means of neutralizing the condition with no success. The ulcerative colitis had worsened. And soon her attending physician was forced to consider performing a colostomy, which is a broadly effective but disfiguring operation in which the diseased portion of the colon is removed with an artificial anal opening formed in the colon at the site of the original anus, or, in severe cases, in the patient's abdominal wall.



Bilateral Scleroderma: J.M. Hayner, Jr. after three months' treatment with Stabilized Aloe Vera Gel.*



Brenda's feet in various stages of treatment with Stabilized Aloe Vera. From six weeks after the incidence of burn (bottom left) to October 1979 (bottom right).*



Some Graphic Examples

The photos of Brenda's feet and the stages of healing they underwent perfectly illustrate the communication advantage photos can often have over mere words. And though it would be difficult to find other pictures that could surpass those in terms of sheer dramatic impact, there are a few additional case histories and accompanying graphics that, I feel, merit inclusion here. Some involve cases that could only be described as having been in critical stages. Others, though less critical, certainly would have resulted in scarring and disfigurement had they not received treatment with Stabilized* Aloe Vera. Quite literally, these graphic examples will illustrate the positive therapeutic effects of Aloe Vera in treating various pathogenic skin conditions from head to toe, though they may not necessarily come in that order.

In this photographic series there will be six different sets of photos with accompanying case histories. The first set involves a series of decubitus ulcers on a 38-year-old muscular dystrophy victim. The second pair shows a common case of acne vulgaris in an adult woman which was cleared up in six weeks time. The third set of four shows the result of ninety (90) days of treatment of a young man suffering from a case of psoriasis. A fourth group of photos will show a rare but nonetheless remarkable case of the debilitating disease, *lupus vulgaris*, from its most critical stages to the syndrome after treatment with Stabilized* Aloe Vera. A fifth trio of photos shows an unusual set of complications from a case of *Herpes simplex* (fever blisters). And the final set of photos involves a case you are already familiar with, one that will — with the accompanying story — serve as an apt conclusion for all we have been saying about dramatic cures.

Decubitus Ulcers

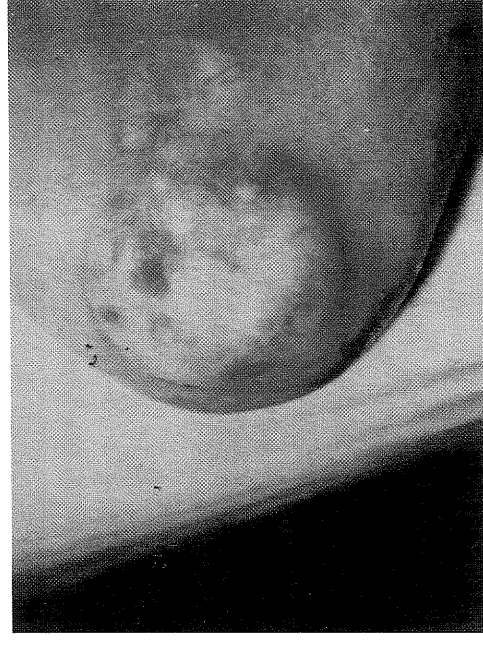
First, we will take the case of muscular dystrophy patient M.C. of Dallas, Texas. The photographs (as we mentioned) are of



Decubitus ulcer, inside right leg. At the time of initial treatment.

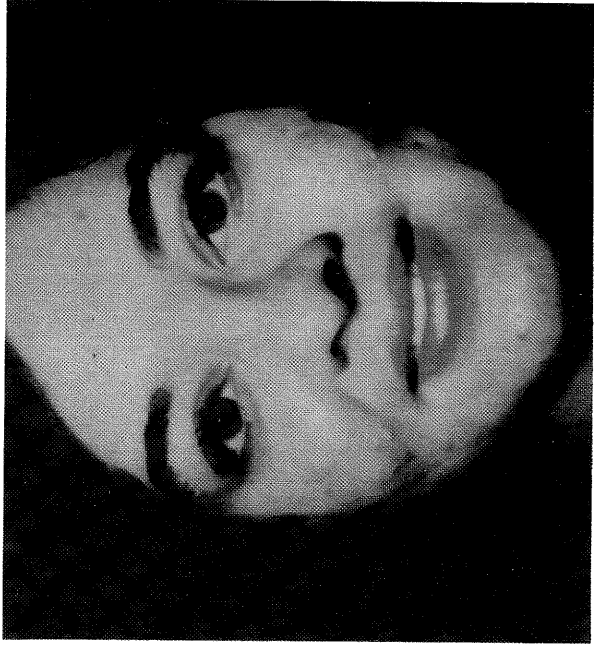


Decubitus ulcer inside right leg. After forty-five days of treatment with Stabilized Aloe Vera.*



Decubitus ulcer inside right leg. After ninety days of treatment with Stabilized Aloe Vera.*

ducubitus ulcers that measured more than seven (7) inches in diameter. The bacterial infection disclosed in the first photo — a third degree ulcer which penetrated into the endoderm — was cultured at the time the picture was taken and revealed four different pernicious organisms. Upon the application of Stabilized* Aloe Vera, the infection was eradicated in forty-eight hours. The victim had eight ulcers on her body similar to the one shown. The modalities used to treat the woman were Aloe 99 Creme and Aloe 99 Gel applied in regular doses. The treatment period was ninety days. The photographs span the duration of the treatment and depict the progress made for the span of what was a highly advanced case.¹⁵³



Acne Vulgaris patient at time of original treatment with Stabilized Aloe Vera.*

A Common Case of Acne

In our second set of photographs (above), we show a young woman who came to us with a condition of acne vulgaris that had plagued her since adolescence. Though by no means as disfiguring or highly infected as some conditions of acne, it was unpleasant, unsightly, and traumatic to the woman involved. At the time of treatment, we received her permission to publish these progressive photographs.

The original photo was taken at the com-

mencement of treatment. The second photo was taken after just six weeks of a regular acne routine using five Aloe Vera of America's products. As you can see, the acne which had previously been a chronic condition was completely cleared.¹⁵⁴

Psoriasis. A Close-up

Earlier in the book we had touched on the dermatological syndrome known as *psoriasis*, an inflammatory skin disease of "unknown" origin that seems to affect people systemically with those systemic manifestations emerging in the form of unsightly skin blemishes. The saving grace about psoriasis is that it is ordinarily neither painful nor con-



Acne Vulgaris patient after six weeks routine of treatment with Stabilized Aloe Vera.*

tagious. The unfortunate aspect of it, as we mentioned before, is that it exists apparently with no known cure.

Many people, especially in the United States, are familiar with psoriasis when perceived as a dandruff-like scalp condition. But its affects on the human skin are more pervasive than that. Characterized by the development of reddish patches which become covered with silver-white scales when the condition advances, psoriasis frequently affects what is known as the extensor regions of the body (arms, legs, back, anything

that flexes). These sores can be as small as an insect bite or can cover an entire skin area. And these sores all have one thing in common — they recur.

In the past, ultraviolet rays and some ointments helped mitigate the effects of this disease, if only temporarily. There have been reports in recent years that the saline mud of the Dead Sea has netted some benefit in treating psoriasis, but no cure has yet been found.

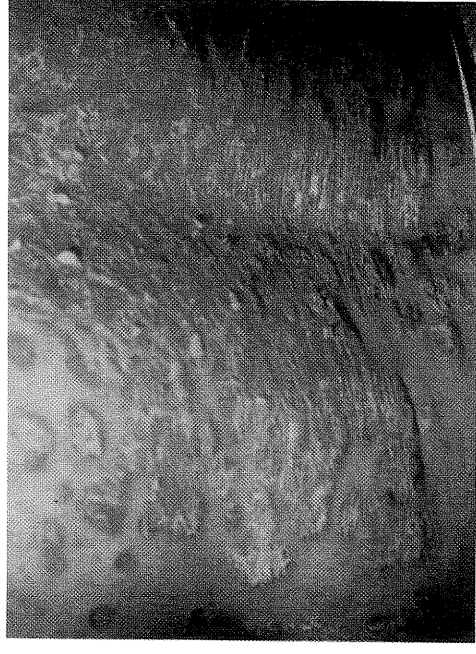
I'd like to say at this point that we had found one, but we haven't. What I can say, however, is that about ten years ago my associates and I came upon a treatment that — to date — has proven to be the most effective available for helping to control psoriasis. The plan involves both topical applications of Stabilized* Aloe Vera and internally administered doses of the gel supplemented by a specific regimen of megavitamins and a



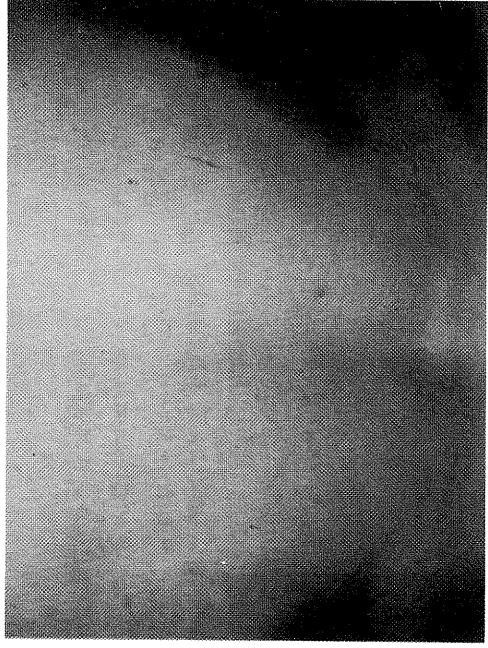
Exposed forearm of same psoriasis victim prior to treatment with Stabilized Aloe Vera. Blotches and scaling covers a majority of the forearm.*



Exposed forearm of the same psoriasis victim after 90 days treatment with Stabilized Aloe Vera, special diet, and megavitamin therapy.*
Note: the area of the forearm is virtually without incident.



Exposed back of psoriasis victim prior to treatment with Stabilized Aloe Vera. Blotches and silvery scales cover nearly the entire skin area.*



Exposed back of psoriasis victim after 90 days treatment with Stabilized Aloe Vera, special diet, and megavitamin therapy. Note how the entire skin area is virtually blemish free.*

strict diet which excludes any intake of "junk" foods, sugars, or foods heavy in animal fat. This program must be applied conscientiously if it is to be carried through successfully. And though I will not disclose the full extent of it here, I will say this much: Aloe Vera by itself will not hold the condition in check. Strict diet and megavitamin therapy are also crucial to the success of the program. Conscientiously applied, it can work to great success as it did with the man whose pictures you will find on this page.

A young man in his late twenties, he came to us in 1975 with advanced psoriatic lesions on his back, arms, and legs. After 90 days of our applied program, the condition cleared up with barely a trace of his previous lesions. Since this young man had suffered from psoriasis most of his life, the Aloe Vera/megavitamin regimen was a discipline he was more than willing to undertake; and he reaped the results of it.

Furthermore, this was no isolated case. It was one of more than 25 cases treated successfully with this program during that period in 1975 alone.¹⁵⁵

The Rita Thompson Story

The principal of this case history could tell a story that would fill a book. In fact, she has. It's called *Lupus, Aloe Vera, and Me*, by Rita Thompson.** Although we won't attempt to reproduce the story in its entirety, we can say this much at the beginning: Rita Thompson's is the story of a bright, courageous young woman who took on one of the most insidious, hard-to-treat conditions known to modern medicine — *Lupus Erythematosus* — and licked it. Commonly referred to simply as *lupus* or *L.E.*, this condition manifests in two basic forms: *systemic lupus erythematosus* (S.L.E.) and *discoid lupus erythematosus*. Systemic lupus is often confused with rheumatoid arthritis and, in its initial stages, carries with it an almost identical manifestation of discomfort. But that's where the similarity ends. The pervasions of S.L.E. throughout the system are far more extensive and can ultimately extend into many major organs. Discoid lupus erythematosus is more easily diagnosed in that its symptoms come in the form of highly visible skin rashes that fester, scale, and can cause considerable pain upon the skin surface. To further complicate the matter, systemic lupus erythematosus (S.L.E.) can also manifest itself on the skin surface. So, in effect, the

** If you would like a copy of *Lupus, Aloe Vera, and Me*, you may obtain one by sending \$6.25 to Rita Thompson, 410 Third St., Toledo, Ohio.

individual afflicted gets a double dose of lupus.

No one quite knows what causes L.E., although many factors — certain medicines, excessive exposure to the sun, and diet — are believed to be contributory. In any presentation, it is known that lupus creates changes in the blood cells and connective tissues which support the cells of the body in the same way mortar supports the bricks of a house. When these blood cells become disrupted, the system reacts. Swelling in bones and joints (and frequently rashes) may develop.¹⁵⁶ Often the condition can become severe. The case of Rita Thompson is such an instance.

Initially, as long ago as 1975, Rita Thompson was diagnosed as having rheumatoid arthritis and was treated accordingly by her physician. Throughout the remainder of the next five years, aching in her bones and joints continued intermittently, and — just as intermittently — she would continue to be diagnosed as having rheumatoid arthritis.

In all fairness to the examining physicians, S.L.E. is difficult to diagnose and is most frequently mistaken for rheumatic/arthritis conditions. But in retrospect, Rita Thompson recalls that as “the beginning of my lupus.”

The lupus did not manifest cutaneously, however, until mid-1980. At first, Rita experienced the same symptoms as her previously diagnosed rheumatoid arthritis. Then, in the summer of 1980, her first rashes appeared — measles-like lesions which were only slight at first. They first appeared on her legs, lasted for about ten to fourteen days, and then appeared to get better.

One of the most insidious qualities of lupus erythematosus is its capacity for temporary spontaneous remission. It just suddenly goes away, often to return again with even more severe expressions of the condition. In Rita Thompson's case that is exactly what happened. Within a few days of the time the rashes appeared to leave her legs, they reappeared. On this occasion, however, they broke out over her entire body.

For the next two and a half years Rita Thompson underwent an ordeal few people could endure, either physically or emotionally. The lupus rashes became perennial. Each time they would appear to improve, the condition took a turn for the worse. She was treated with cremes, special wraps, pills by the hundreds — every conventional modality of healing. She was hospitalized frequently, and upon each occasion of hospitalization the condition grew worse. Finally, it had advanced to such a state that she would wear no clothing at all but instead had to be kept in a plastic wrap lubricated with special solutions.

All during the course of this treatment, Rita Thompson was frequently misdiagnosed. And the only treatment that offered any promise came from one rheumatologist who prescribed a heavy regimen of steroids. This was a last resort “shock therapy” and was a dangerous recommendation, because sudden withdrawals from drugs in



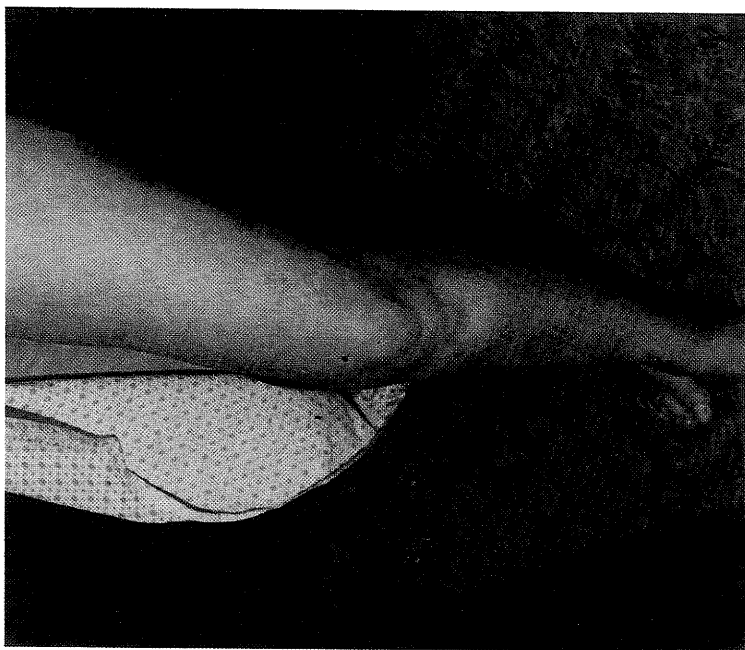
Lupus Erythematosus. Rita Thompson's legs in late January, 1983. Note the advanced ulceration.

severe cases of L.E. can worsen the condition to extreme severity.

By this time, however, anything seemed hopeless. Rita had lost her hair; her fingernails, and was told that if her hair ever did grow back it would only grow back in patches.

With steely resolve, Rita Thompson was determined there had to be a better way to treat the condition. And that's when she heard of the positive benefits others had received from drinking Forever Living Products' Aloe Vera Juice. At the end of May, 1983 (three and a half years into the course of this syndrome), Rita began drinking FLP's Aloe Vera Juice in moderate doses — three to four ounces a day. Within a thirty-day period, her symptoms had diminished completely. Her skin had cleared considerably. She even began growing a full head of hair, not in patches but uniform growth. Rita was on the way to recovery.

Having recovered fully without relapse,



Rita Thompson's legs in late January, 1984. With daily intakes of Aloe Vera Juice, the remission has been complete.

Rita continued to drink the Stabilized* Aloe Vera Juice in moderate daily doses, never exceeding four ounces. Yet, when prevailed upon to stop using the juice to see if it was really the Aloe Vera that worked, her position was firm. She didn't need to test the Aloe Vera Juice; she knew that was what had saved her. But the test, it seemed, would befall her in any case.

One time, quite by accident, Rita Thompson ran out of her supply of Aloe Vera Juice and couldn't get any for a period of two days. Within that same forty-eight-hour period, the lupus symptoms returned. Her body started to break out in lesions, and the pain recurred.



Lupus Erythematosus. Rita Thompson's back in late January, 1983. The syndrome was in one of its extreme expressions.

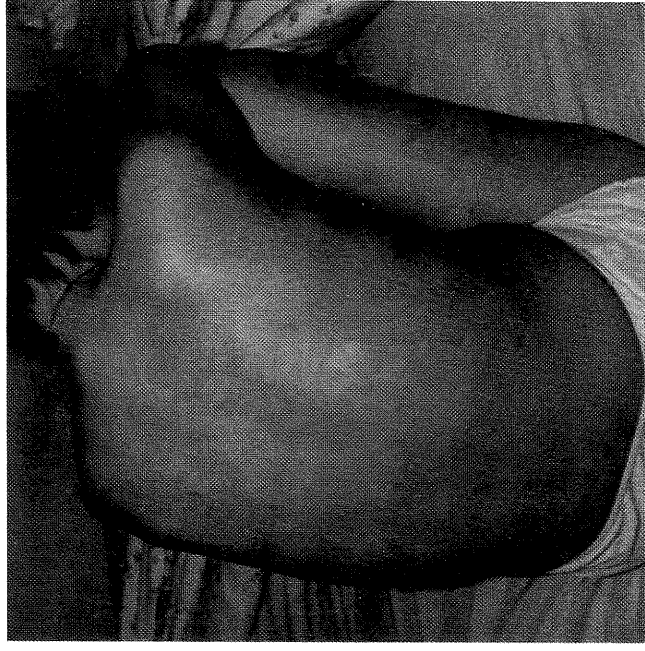
Rita Thompson. A Post Script

Since I love stories with happy endings, and since I also appreciate photos that tell a story of their own, I've included an additional set from the Rita Thompson file. When I was finally able to meet Rita Thompson, it was at a Forever Living Products distributors' meeting. She had just appeared to give a speech regarding her experiences with Stabilized* Aloe Vera, and I con-

As soon as she could, Rita got a new supply of Aloe Vera Juice and started drinking it, again in moderate doses. Within eight hours of returning to the juice, her system normalized. The rashes went away, and she felt well again.

Since that occasion, she has never gone off the juice. Rita Thompson is now one of Stabilized* Aloe Vera's most eloquent advocates. And as a distributor for Forever Living Products, she has both written and lectured on her experiences and how Aloe Vera changed her life.

Her book, as we mentioned, is available for purchase. She has graciously provided us with her photos for your examination.¹⁵⁷

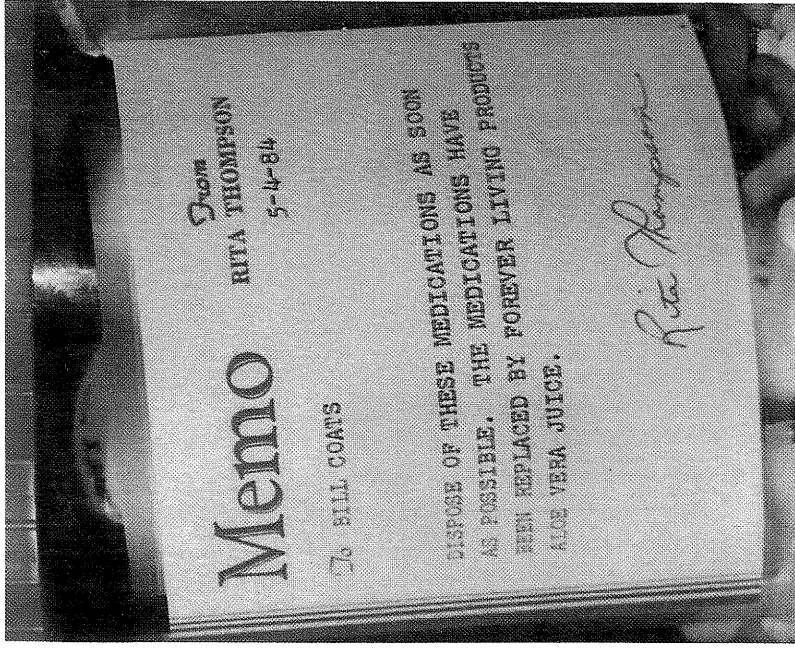
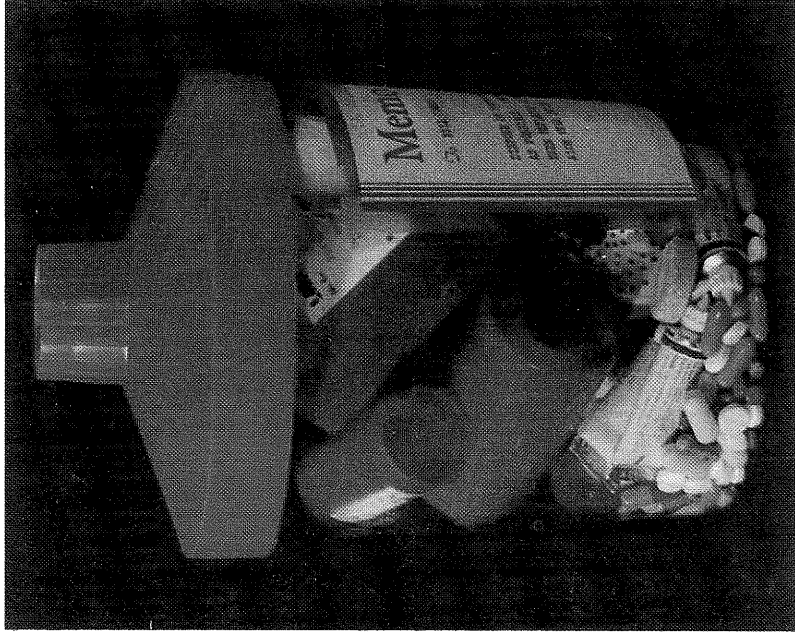


Rita Thompson's back late in January, 1984. With daily intakes of Aloe Vera Juice, the remission has been complete.

gratulated her on how much her story moved everyone present. Finally, as I was on my way out, she stopped me.

"Bill," she said, "There's something I've been saving for you. Wait just a minute."

I waited. And in a moment she returned with an immense apothecary jar filled with medications of various kinds and labelled specifically to my attention. From this point, the photographs tell the tale better than I ever could.



Maria's Miracle

This case is an extraordinary as the faith of the woman who survived its effects. Her name is Maria Monzella of Lake Tahoe, California. In early May, 1981 — while trying to help a young drug withdrawal patient — Maria was struck by the young man, a sharp blow to the eye and the side of the head. As a result, five days later, her right eye became infected with a *Herpes simplex* virus, an infection soon complicated by her exposure to a case of chicken pox. As a result, her left eye and forehead swelled until finally the infection also transferred to her right eye. Now, both eyes were badly swollen and the infection in her right eye had caused her temporary blindness.

Ordinarily, *Herpes simplex* viruses remain in the area of the mouth where they are commonly known as fever blisters. But they can and do attack any area of the skin, especially the mucous membranes (eyes, ears, nose, mouth, etc.) where they can often spread if left untreated.

Even with treatment, however, Maria Monzella's herpes spread. Consultation with an ophthalmologist and healing modalities attempted did little good. The condition still spread and intensified. For a seige period of eleven weeks nothing worked and the condition grew unbearable. She became blind in her left eye for five days, and blind in her right eye for six weeks. No matter what she tried, nothing served even to ameliorate the condition, much less cure it. All modalities the doctor tried failed as well. Finally, after eleven weeks of agony, six of which involved blindness in one or both eyes, Maria Monzella's doctor told her something she could not accept: she was going to be permanently blind in one eye.

Her response surprised him.

"No, I'm not," she told him. "I'm putting my faith in the Lord. I'll be given a miracle. I know it."

Late in July, 1981, that miracle came to pass. She had been using some wheat germ oil and other health food products that seemed to help ease the pain of her condi-

2721 Morningside Dr
Shreveport LA 71108
23 October 1979

Mr. Bill Coats
802 Easy Street
Garland TX 75042

Dear Mr. Coats:

It is with a great deal of pleasure that I learned you are going to write a book concerning the many, seemingly miraculous properties of the plant Aloe Vera, the availability of them, which was made possible by your discoveries.

Aloe Vera has become a very important part of our household. I use lotion in the care of my legs and have the 99 Gel should I get a scratch or cut and the Cello Gel in case I have an upset stomach. We keep a bottle of the lotion in our kitchen for grease spatters, etc., and a bottle in the bathroom and the rest in my bedroom.

I'm sure that your book will enlighten many people and that life will be much improved for those who use the information you so generously give them. It's a shame that the Medical profession doesn't avail themselves of its uses to a greater extent. I guess that since it was not discovered in one of the great Medical Research centers, it just isn't as valuable.

I am eternally grateful to you and hope your book earns the complete recognition you so richly deserve.

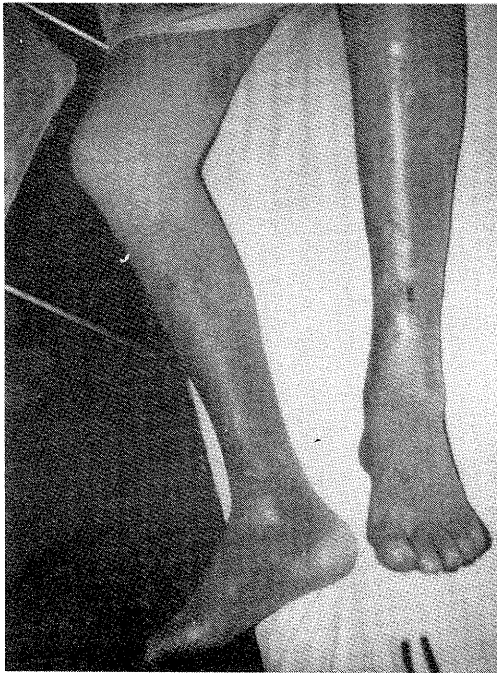
Very sincerely yours,

Monte Hayner, Jr.
J. Monte Hayner, Jr.

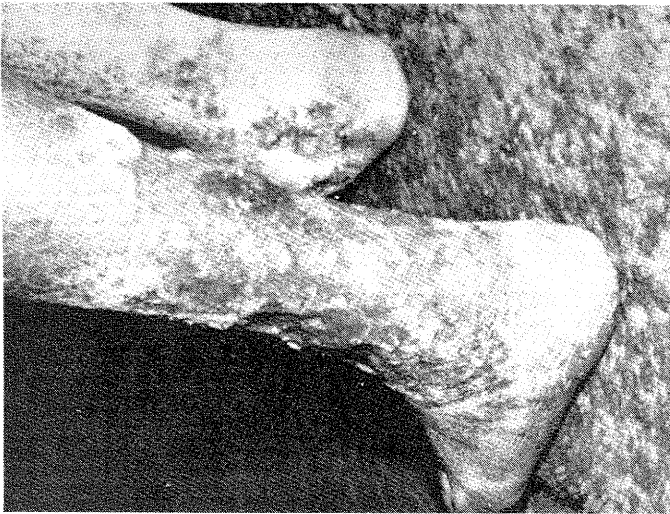
P.S. Thanks for the 2 bottles of lotion!



Bilateral Scleroderma: J.M. Hayner, Jr., three weeks after treatment with Stabilized Aloe Vera Gel.*



Bilateral Scleroderma: J.M. Hayner, Jr., after four months' treatment with Stabilized Aloe Vera Gel.*



Bilateral Scleroderma: J.M. Hayner, Jr. at time of initial treatment with Stabilized Aloe Vera.*



Bilateral Scleroderma: J.M. Hayner, Jr., six weeks after treatment with Stabilized Aloe Vera Gel.*