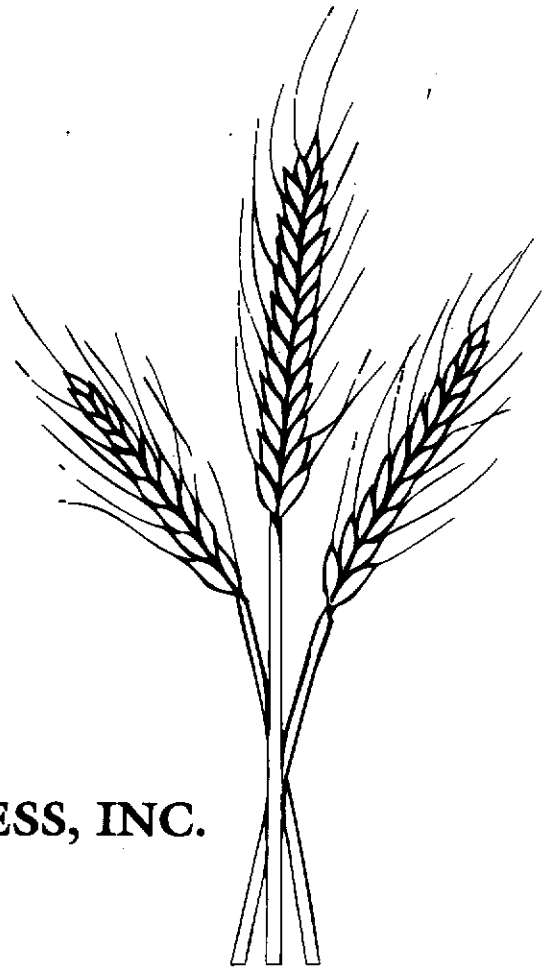


Foundations of Nutritional Medicine

A sourcebook of clinical research

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GREYING (premature)

↓ Para-aminobenzoic Acid (PABA)

PAINFUL WHEN PULLED

↓ Vitamin D

HEART

ARRHYTHMIAS (general)

↓ Copper
↑ Magnesium
↓ Magnesium
↓ Potassium

ATRIAL FIBRILLATION

↑ Niacin

BRADYCARDIA (at rest)

↓ Potassium
↓ Protein-Calorie
↓ Thiamine (beriberi)

CARDIOMYOPATHY

↓ Selenium

CONGESTIVE HEART FAILURE

↑ Sodium
↓ Thiamine (beriberi) (high-output)

DYSPNEA (shortness of breath)

↑ Thiamine
↓ Thiamine (beriberi) (on exertion)

MYOCARDIAL INFARCTION

↓ Copper