## **ALLERGIES/HYPERSENSITIVITIES/INTOLERANCES**

Milk Photodermatitis Food contaminants

**Legumes** Irritant dermatitis Dietary mold

Nuts and seeds Contact dermatitis Genetically modified (GM) foods

Shellfish TERATOGENS Toxic waste dumps

Fruits (noncitrus) and vegetables MUTAGENS Freeway toxins

Eggs yellow #5 Allergen Testing

Grains MSG Metabolic Syndrome

Kola Nut Products HISTAMINE Genetic weakness

Citrus/citric acid Tyramines Innate weaknesses to foods

Spices Phenylethylamine water content of specific tissues

Exotic foods Nitrates weight loss regimens

Bee pollen Magnesium Histamine levels, blood/tissue

Iron, dextran, lipid emulsions Octopamine and phenylephrine Food addictions

Herbal teas Caffeine Criminal behavior

Mother's diet Lectins Cooked vs. raw

**Aspartame** Psoralens Phosphoric acid

Herbs and plants Salicylates/aspirin Cerebral allergy

Sawdust, Exotic woods, Airborne leaf hairs Exorphins Meniere's syndrome

Cheese and yeast Gliadin/gluten GI tract adverse organisms

**Detergents** Trehalose **High and low blood sugar** 

INGESTANT HYPERSENSITIVITY Arthritis Indigestion

EPHEDRINE AND ANTIHISTAMINES, Benzoates/benzoic acid

ANTIHISTAMINES AND STEROIDS BHA & BHT