

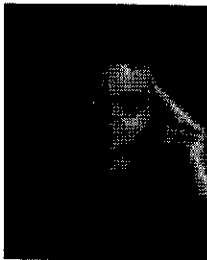
## 75% say they're Worse off or Divorced after Marriage Counseling

Did you know that over 75% of people that go to marriage counseling report that they're WORSE off or divorced less than a year later?

Imagine spending all that time and money in marriage counseling trying to solve your problems and learning communication techniques only to find that nothing worked and that at best you're in the same place as when you started.

Now there's an ALTERNATIVE to marriage counseling—it's called **Marriage Fitness**, and it's a proven system for saving and restoring marriages.

Are you ready to get your marriage back on track?



Hi. I'm Mort Fertel, founder of **Marriage Fitness**. I received your contact info and, as promised, I'll send you my free marriage advice articles and 5 free marriage assessments. As I mentioned, I think you'll find both helpful. But it's just a small start. If you want to be sure you get the help you need to save and restore your marriage, you'll want to get the

### Marriage Fitness Audio Learning System

**The Marriage Fitness Audio Learning System** is a ground-breaking step-by-step relationship-changing program that teaches you to neutralize your problems and implement a program of positive relationship habits that change the way you and your spouse relate. Those changes in turn "stop the bleeding" in your relationship and restore the connection you and your spouse once had. And the best news is—you don't have to talk about the past, hash out your problems, or practice communication strategies. This is not marriage counseling; it's **Marriage Fitness**.

But before I get into the details, check here to make sure **The Marriage Fitness Audio Learning System** is right for YOU.

**Marriage Fitness Audio Learning System** is designed for marriages

suffering from:

- ➡ Infidelity
- ➡ Broken trust
- ➡ The threat of divorce
- ➡ An obstinate spouse
- ➡ Emotional Neglect
- ➡ Money conflicts
- ➡ Addictive Behaviors
- ➡ Separation
- ➡ Emotional infidelity
- ➡ Boredom
- ➡ Poor Communication
- ➡ No Sex
- ➡ Lack of Appreciation
- ➡ No Affection



(Please note: This program is NOT appropriate in cases of consistent physical abuse.)

Are any of these your problems?

If so, then **The Marriage Fitness Audio Learning System** can be a **BREAKTHROUGH** for your relationship. It doesn't matter if you've heard the words "I'm not in love with you anymore" or "I need space." If you want to re-connect with your spouse, I can show you how to do it. I'll walk you through every step of the process . . . and **I guarantee (see below) you'll get there.** How can I be sure? Because I've helped hundreds of men and women whose marriages were in serious trouble do what I call a "Marriage180." Here's just one of those stories:

*Hi Mort*



*My wife and I have been married 3 years and it was hard from the start. We've both been divorced before so this was not our first time trying to make a marriage work. This time was not going well either. My wife had 2 affairs, she left 4 times, and marriage counseling was a disaster. We were on the brink of divorce again. Then I surfed the net and found you.*

*I ordered the Marriage Fitness Audio Program...in a matter of weeks, you saved our marriage, and, more importantly, taught us how to build love on our own.*

*If anyone is reading this who needs marriage help, get it from Mort. You won't be sorry.*

*Thank you again Mort for saving our marriage and teaching us how to create love in our relationship.*

*Martin  
Rosedale, Indiana*

There are hundreds of stories like this on from people in **all sorts of situations**, but first there's one story in particular I'd like to share with you...my story.

Unlike other relationship experts who approach this topic from a clinical perspective, **for me saving marriages is very personal.**

*My wife and I were deeply in love. I remember staying up all night talking, surprising each other with thoughtful gifts, and speaking to each other in code words. You know the feeling of really being connected? That was us.*

*But then something happened that destroys most marriages. We had a son who died when he was just one week old. And then we had twin*



daughters, who also died as newborns.



Your situation probably was not so tragic, but something happened. What was it? How did you lose each other? Or maybe you can't put your finger on why things aren't the same anymore. That's common too.

For us, after losing 3 children, everything felt different. Instead of talking all night, it was a chore to talk for a few minutes. Instead of using our code words, we used curse words. Our relationship consisted of screaming matches and silent treatments.

Somewhere deep in our heart though, like you, we knew we didn't want to lose each other. So we made a commitment to work on our marriage. Sometimes I tried and my wife didn't. Sometimes my wife tried and I didn't. Sometimes we tried together. We went through different stages of "trying."

What did we try?

We tried the obligatory, "Honey, let me repeat what you said to make sure I understood you correctly." We applied conflict resolution strategies. My wife learned about Mars and I learned about Venus. We even went to counseling to wrestle with our problems. But guess what. Nothing changed. Nothing worked.

Because all the advice we got (books, counselors...whatever) asked us to confront our problems. But that just made us feel worse. And fight more.

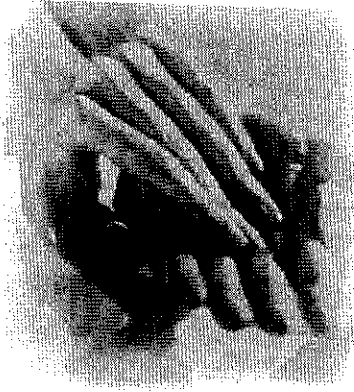
As long as the "right" way wasn't working, why not be dysfunctional? So we tried to convince each other of our way. You tried that too, right? Obviously, that doesn't work.

Finally, we had a breakthrough.

We decided to **SET ASIDE OUR PROBLEMS**. We didn't talk about them at all. We didn't bring them up even once. Instead, we put our energy into trying to connect. We used certain relationship techniques that transformed our marriage. Not only did we resolve our differences; we fell in love again! And we did it not by dealing with our problems (as serious as they were), but by establishing new relationship habits that brought positive energy to our marriage.

**This is the solution to most marital**





situations—to "step away" from your problems and spend your time and energy building your relationship through positive actions. If you do this RIGHT, your problems will dissipate, the threat of divorce will go away, and the other people invading your marriage will become irrelevant. Slowly but surely you will come closer together again.

Now you're probably wondering, "How do I stay away from the very problems that plague me? What healthy habits or relationship techniques can bring us closer together? And what if my spouse doesn't cooperate?"

That's EXACTLY what I'll teach you. I'll answer those questions and more so you get the results you want. Let me be more specific. Here's what you'll learn in **The Marriage Fitness Audio Learning System**:

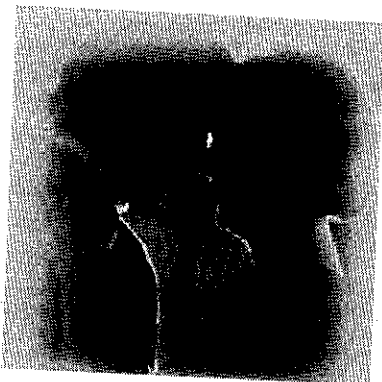
- ➔ How to **snap out of destructive patterns** of behavior
- ➔ How to **stop dwelling on the past** and start moving forward
- ➔ How to get over **old hurt**
- ➔ **7 daily acts** that will **rebuild love** in your marriage
- ➔ **5 weekly habits** that will **soften** your marital environment
- ➔ **2 monthly acts** that will **restore romance** between you
- ➔ How to get your **spouse to change**
- ➔ The **4 primary principles** of LASTING love
- ➔ How to become a team rather than 2 individuals
- ➔ How to **make decisions** together
- ➔ How to get **YOUR** needs met
- ➔ How to connect with an emotionally absent spouse
- ➔ How to keep the small things small



- ➔ How to tickle your spouse's soul
- ➔ How to deal with a spouse who won't listen
- ➔ How to **break the silence**
- ➔ What to do if you're not **spending enough time together**
- ➔ How to get and give the right **affection**
- ➔ What to do if you find yourself attracted to another man/woman
- ➔ What to do if your spouse has intimate internet friends
- ➔ What to do if your spouse is friends with their X
- ➔ How to restore honor to your marriage
- ➔ How to talk so your spouse will listen
- ➔ How to listen so your spouse will talk
- ➔ How to bring your past to its knees
- ➔ When NOT deciding is the best decision
- ➔ How to replace efficiency with intimacy



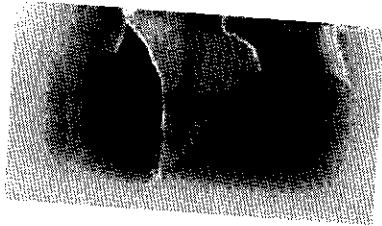
It would have been nice to know how to do all this years ago, right? Well, it's NOT too late. In my experience, it's never too late. Cathy would agree. Who's Cathy? Listen:



*Mort,*

*I really can't thank you enough for the wisdom, support and guidance your program provided.*

*It's been a whirlwind of a year starting horribly*



*and ending on a definite up-swing. I continue to practice the principles you set forth in Marriage Fitness and my husband is beginning to follow. I believe implementing those practices truly saved our marriage.*

*Keep up the excellent work!*

*- Cathy P.*

The **MIRACLE STORIES** go on and on, but the bottom line is this: if you're willing to learn new ways of relating to your spouse and if you're willing to apply what you learn to your situation, then **The Marriage Fitness Audio Learning System** can work for you.

**The Marriage Fitness Audio Learning System** is a 5 CD system that includes over 5 1/2 hours of listening including step-by-step instruction for how to save and restore your marriage, inspiring stories that'll offer you hope and motivation, and special relationship practices that'll turn your spouse around too.

## **The Marriage Fitness Audio Learning System**



WRBS-FM, Baltimore, MD  
KYXY-FM, San Diego, CA  
WZBA 100.7, Baltimore, MD  
KTLO Radio, Mountain Home, AR  
KVJY-AM 840, Austin, TX  
KWRE Radio, Warrenton, MO  
NPR with Dr. Barton Goldsmith  
WIYY 98, Baltimore, MD  
WZBT-AM, West Palm Beach, FL  
KUTR-AM, Salt Lake City, Utah  
WEAG, Jacksonville, FL  
KAHI-AM, Sacramento  
CAWOCA-AM, Ocala, FL  
WSCF-FM, West Palm Beach, FL

In addition to media attention, the Marriage Fitness approach to saving marriages has received expert endorsements from **John Gray, Ph.D.**, author of *Men Are from Mars and Women Are from Venus*, and **Dr. Stephen Covey**, author of *7 Habits of Highly Effective People*.

But the most important endorsements are from people like you whose marriages have been transformed because they ordered the program. Here's a story from a recent participant:



*Mort,*

*Your CD's turned my marriage around.*

*You're just the best...and believe me, the therapists that we've paid tens of thousands of dollars to don't even know your name yet, but they will when I give them a copy of your program. They can't argue with the results and with the new glow on my wife's face.*

*God bless you,*



- Brian Hanse

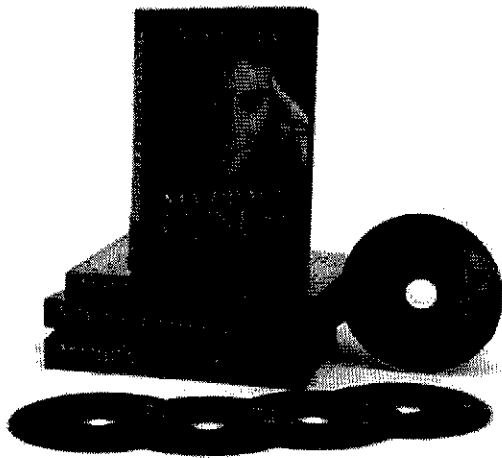
What would you want your letter to say? Think about it. What's the happy ending to your story? If you want that story to be written, then you've come to the right place. There are no accidents in life. There's a saying:

***"When the student is ready, the teacher will appear."***

The fact that you're searching means you're a ready student. Your teacher has appeared. I can help you. I guarantee it. But before I explain the guarantee, let me explain the fee.

You probably expect a program like this to cost a **few hundred dollars**. Five and a half hours of my time costs \$2475.

## **But the Marriage Fitness Audio Learning System is only \$69.95**



### **Your order includes:**

- 5 CD's with over 5 1/2 hours of listening
- The Marriage Fitness 4 Step Plan
- 20 Relationship Exercises
- 5 Marriage Assessments
- A 14 Week Implementation Schedule
- Online Access to a Special Report
- The Secret to Becoming Soul

### **Mates**

- 5 Ways to "Move from Me to We"
- The Magic Solution to Every Marital Problem