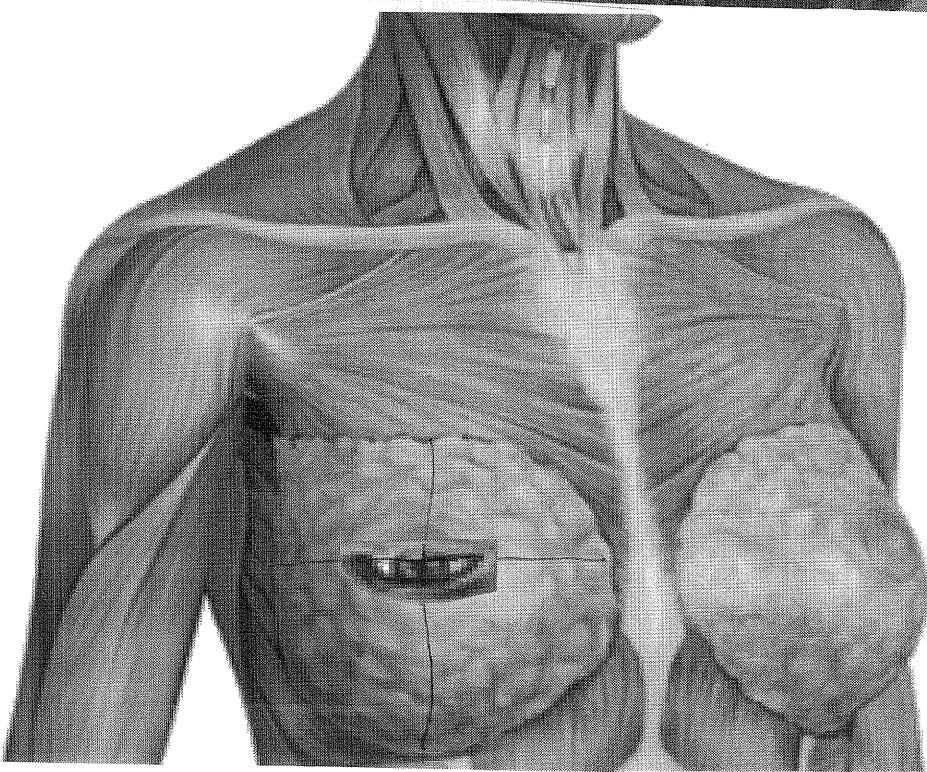
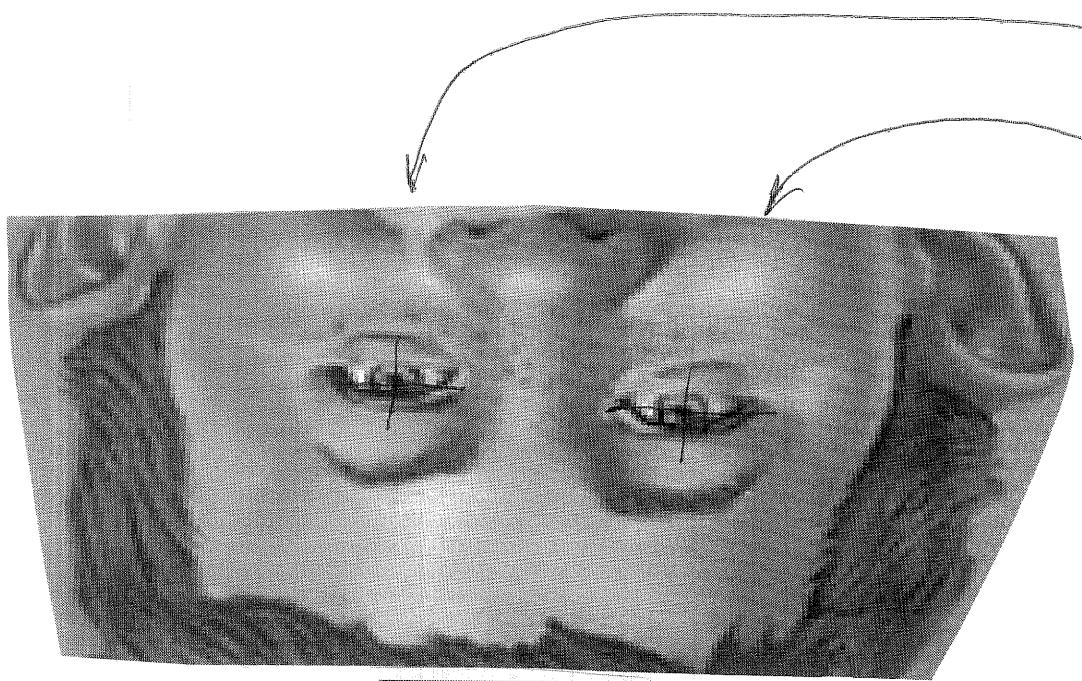


For Alfred's breast pain, flip
his eyes → right eye for left
breast

left for right

notice that inside of
eyes remain middle
downside, outside

consider that
the optic chiasm
crosses over
&
vision is
flipped



prod pressure to pupil over closed eyes address
nipple/areolar pain
prod pressure to nipples & areola address visual issues
Draw Quadrants correlation
upper outer left eye → Lower outer right breast
Lower outer left eye → Upper outer right breast
upper inner left eye → Lower inner right breast
Lower outer left eye → Upper outer right breast

Nuchal Lines to
Iliac crest
Roupart's Ligament
clavical

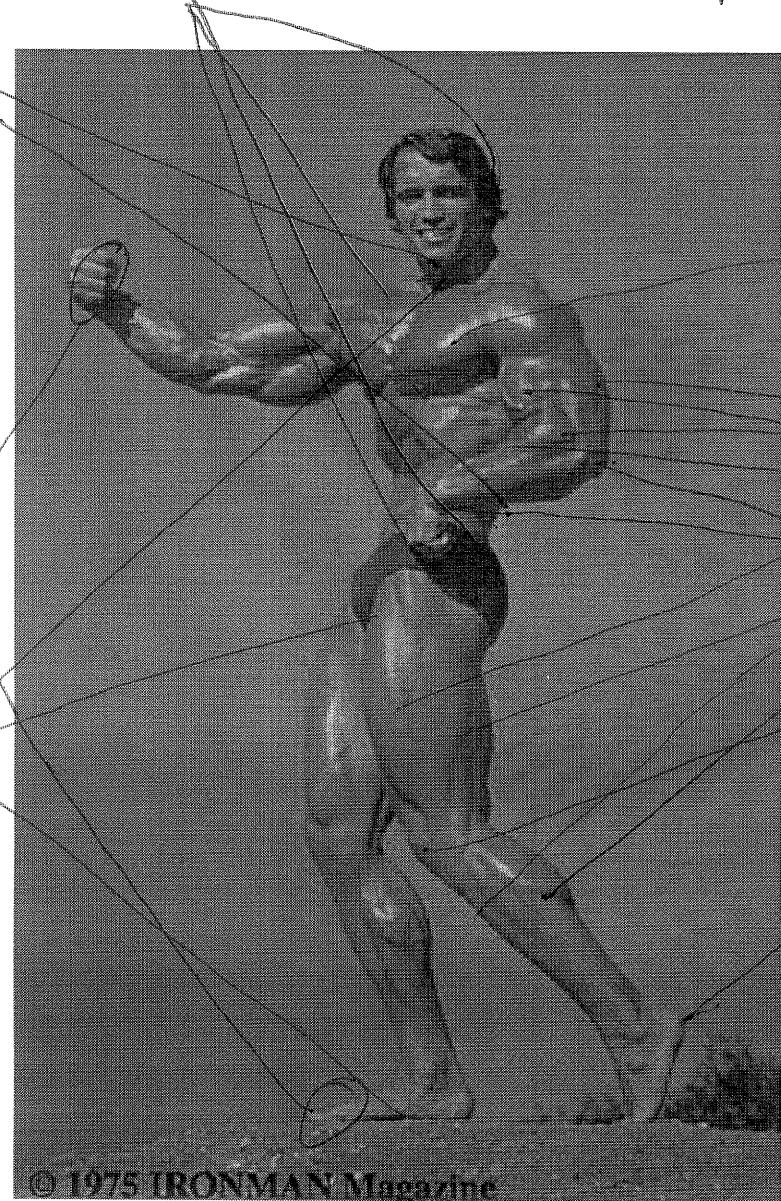
under chin
to
under
12th ribs

pectoralis Major to
Temporalis

Tongue
for
fingers
toes
organs

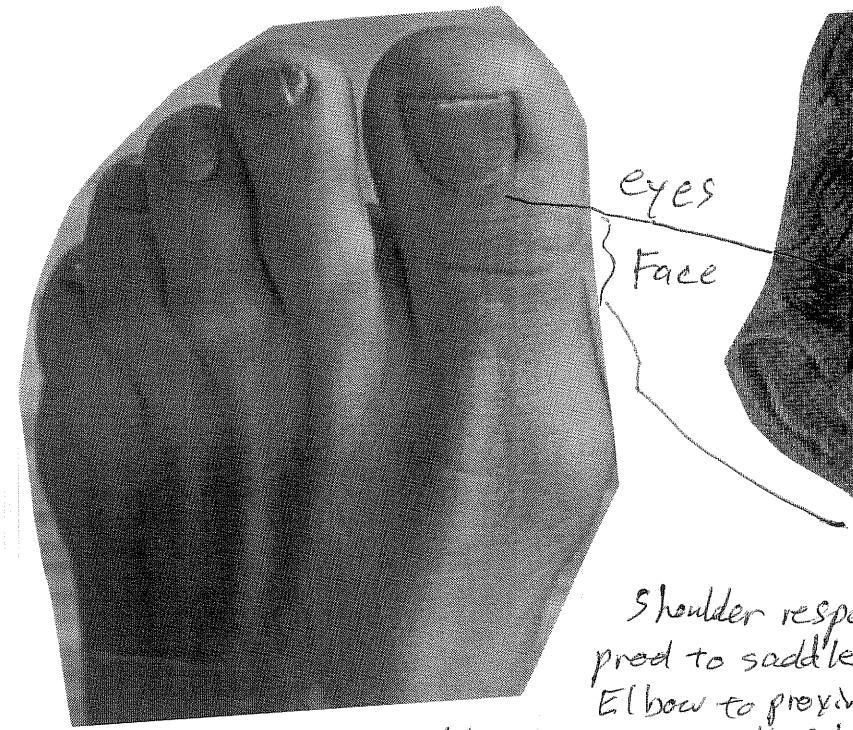
Throat
to
Low Back
longitudinal
Arches
Perineum

© 1975 IRONMAN Magazine



External occipital protuberance to xyphoid & coccyx
Spine to inferior of mesal bone of pubic symphysis
Posterior Neck to abdominals

Biiceps brachii & femoris, Triceps surae & Flexor digiti superficialis & profundus, press on Alfred's Jaw clenchers (also inside the mouth)
Triceps, Quadriceps, Tibialis anterior &
Extensor digitorum muscles

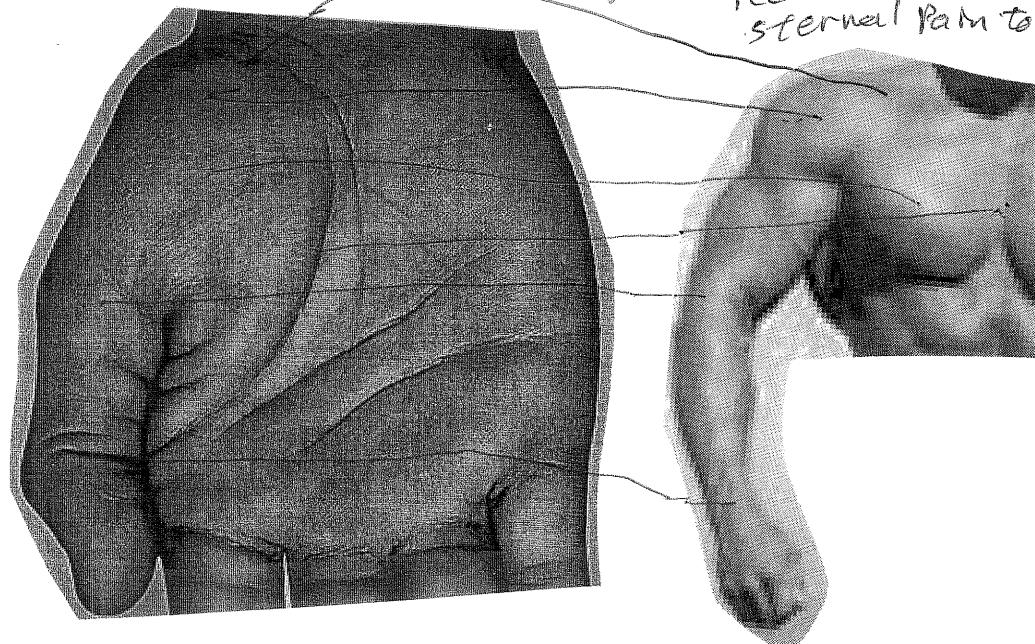


Eyes respond to a prod pressed against the skin at the base of the nail of the first digit

Face responds to lightly scraping skin over dorsal proximal first digit

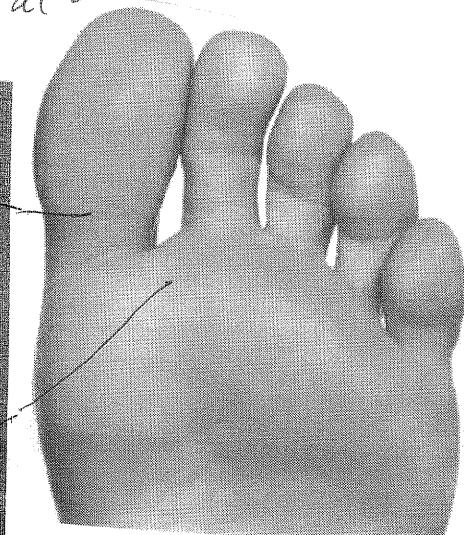
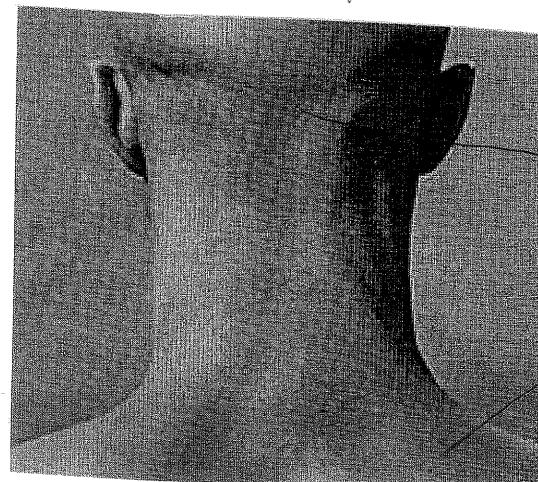
Clavicle to ridge of saddle joint

Shoulder responds to prod to saddle joint.
Elbow to proximal thumb joint
Wrist to distal thumb joint
Pectoral to thenar & glut max
Sternal pain to prod to lifeline

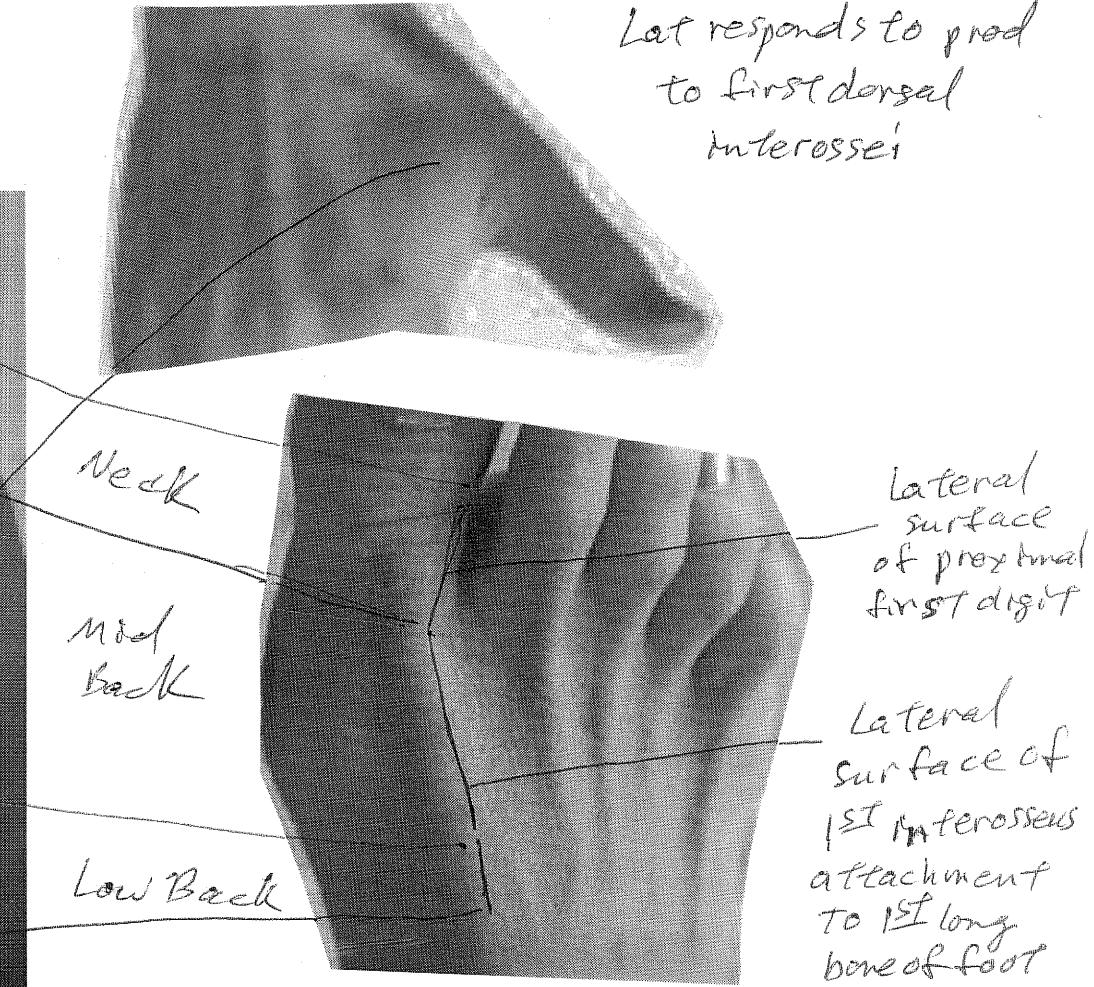
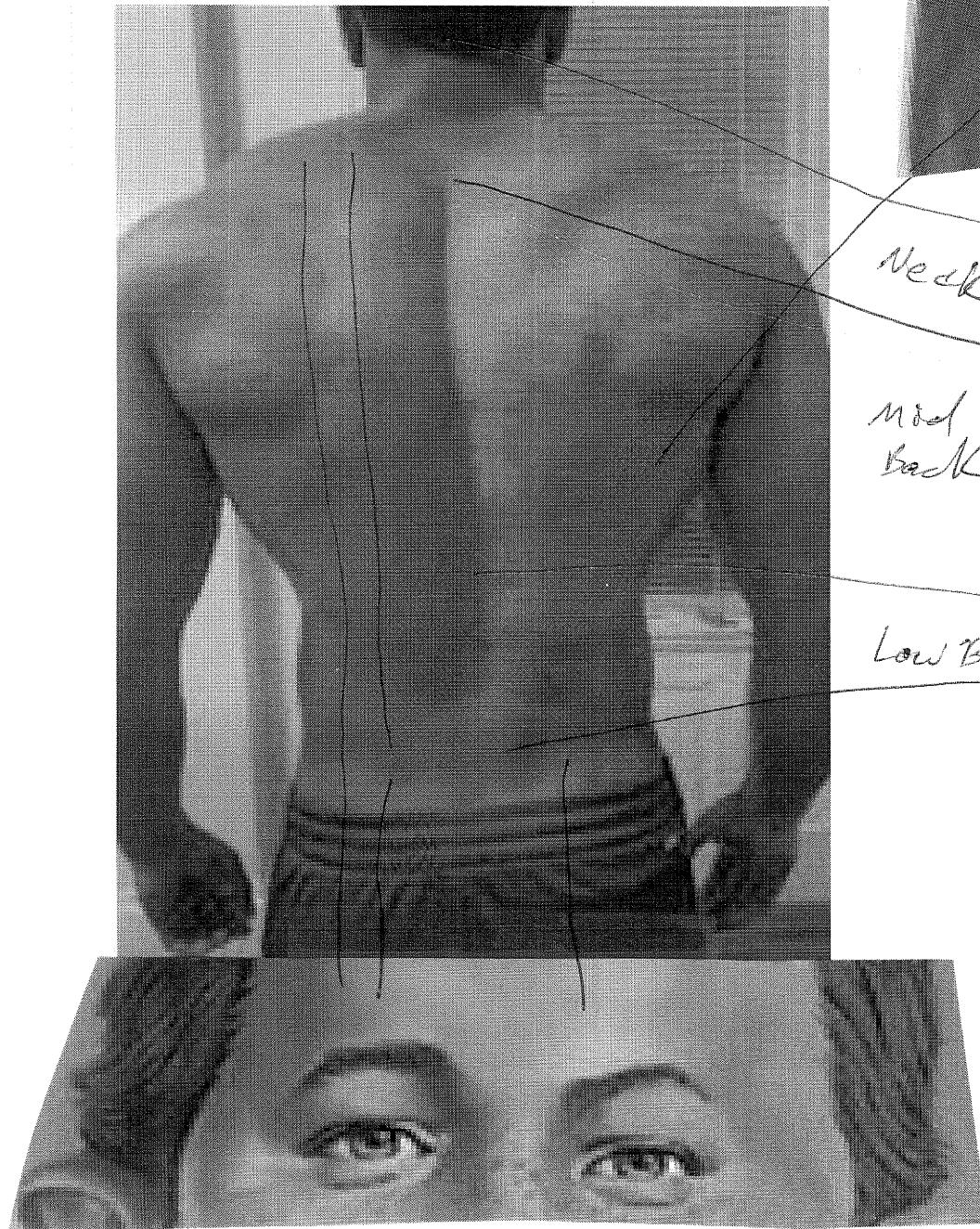


Pain at base of skull responds to prod pressed along palmar crease or distal joint of halux

Trap & shoulder pain responds to pinch between palmar & dorsal 1st interossei at distal end



Digital pressure to forehead or
quadra^rta lamberum just above
iliac crest relaxes upper trapezius



Lat responds to prod
to first dorsal
interossei

Press up against
the bone firmly till
the tissue stops you.
Hold till the pain
dissipates. Pain is
usually the opposite
side of the neck & back,
i.e.: left large toe to right neck