

DOCTOR DAILY NOTES

PATIENT NAME: _____

FILE: _____

Manipulative Technique, unless otherwise designated is GONSTEAD.

Diagnostic indication for manipulation, unless otherwise designated is FIXATION and RESTRICTED MOTION, found via MOTION PALPATION.

Manual myofascial therapy (MMT), unless otherwise designated, is ISCHEMIC COMPRESSION done with PASSIVE STRETCHING.

Diagnostic indication for MMT, unless otherwise designated, is JUMP SIGN and PALPABLE NODULE, found via OBSERVATION and DIGITAL PALPATION.

MMT=Reference # to Exam and Treatment Sheet NMR=Neuro Muscular Re-Education MT=Manual Traction JM=Joint Mobilization ROF=Report of Findings, circled = completed.

Dr.'s Initials	Date	Cervical	Thoracic	Lumbar	Ilei	Extremity	MMT#	NMR	JM	MT	Notes (on/off work) (modalities, exercise, stretch, reps, x/day)	ROF/	PT's Initials
												1	
												2	
												3	
												4	
												5	
												6	
												7	
												8	
												9	
												Re Exam 0	
												1	
												2	
												3	
												4	
												5	
												6	
												7	
												8	
												9	
												Re Exam 0	

Examination and Treatment of Muscle, Ligament, Tendon and Periosteum and Myofascial Trigger Point

Patient Name: _____ Date of Exam: _____

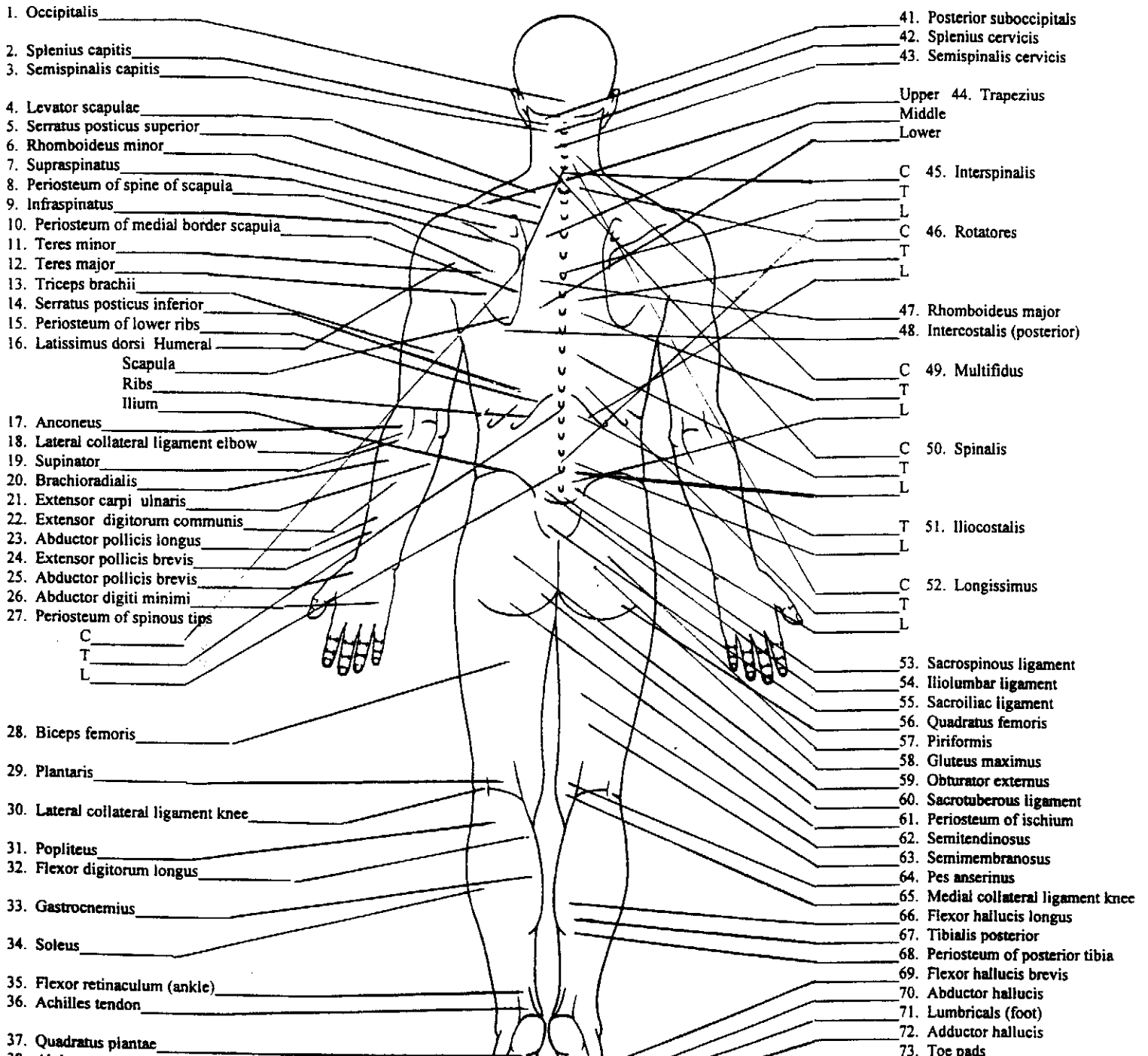
Daily Treatment Comments 1-5

Initial - Re-exam 1 / 2 / 3 - Final

Exam Comments 1.6

(Circled area indicates side and level of pain during palpatory exam.)

<p>1 Side location: RT=right LF=left B=bilateral</p>	<p>2 Area Treated: M=muscle TN=tendon LI=ligament PR=periosteum</p>	<p>3 Treating posture: ST=standing SI=sitting S=supine P=prone BO=bent over</p>	<p>4 Treating state: CD=contracted N=neutral S=stretched</p>	<p>5 _____ = Date area treated</p>	<p>6 Pain intensity: 0=no pain (Re and Final only) 1=mild pain 2=moderate pain 3=severe pain 4=very severe pain</p>	<p>C=cervical L=lumbar T=thoracic</p>
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Daily Treatment Comments 1-5

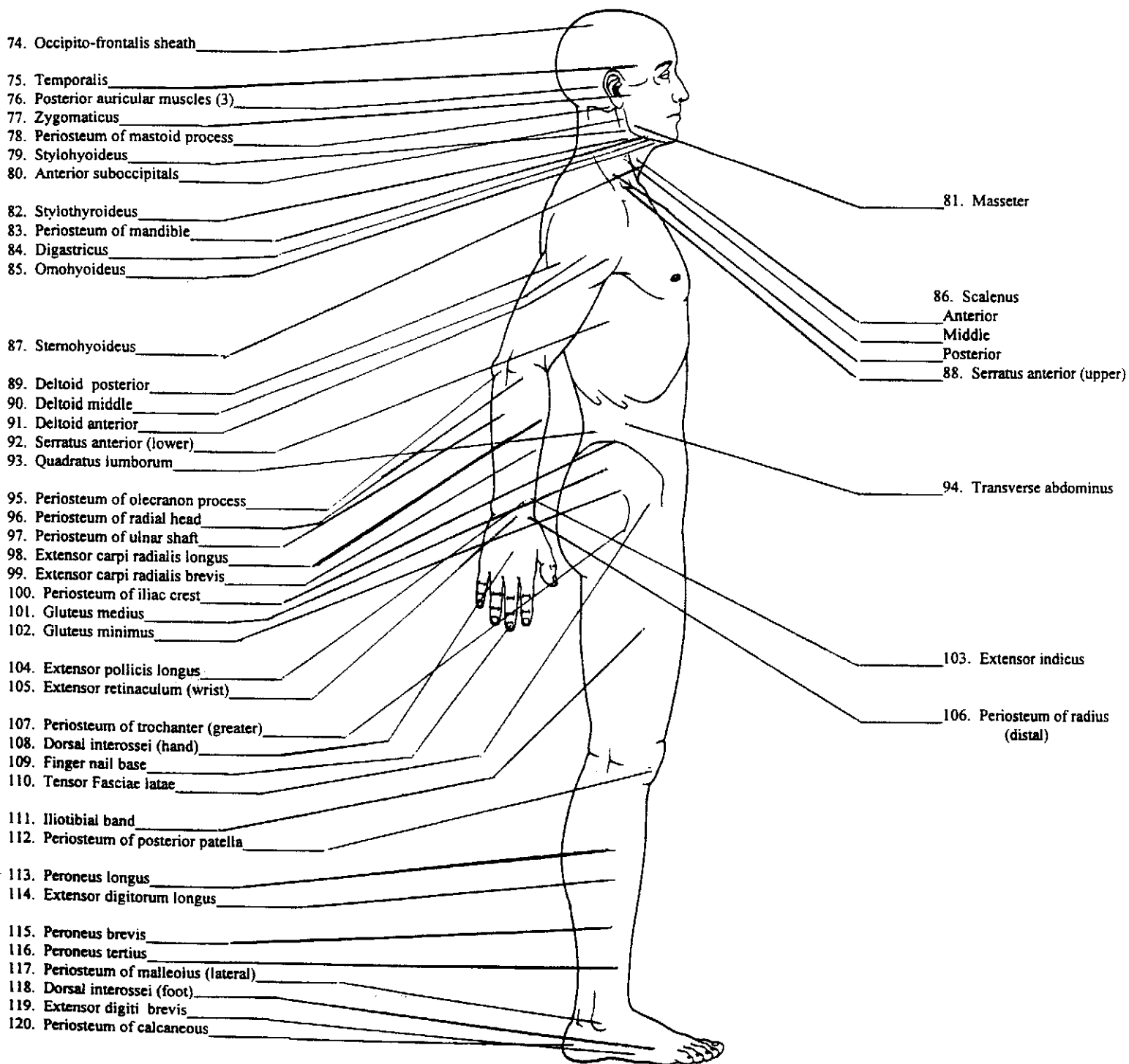
Initial - Re 1 / 2 / 3 - Final

Exam Comments 1,6

(Circled area indicates side and level of pain during palpatory exam.)

- | | | | | |
|--|---|---|--|---|
| <p>1
Side location:
RT=right
LF=left
B=bilateral</p> | <p>2
Area treated:
M=muscle
TN=tendon
LI=ligament
PR=periosteum</p> | <p>3
Treating posture:
ST=standing
SI=sitting
S=supine
P=prone
BO=bent over</p> | <p>4
Treating state:
CD=contracted
N=neutral
S=stretched</p> | <p>5
_____ = date area treated</p> |
|--|---|---|--|---|

- 6**
Pain intensity:
0=no pain (Re and Final only)
1=mild pain
2=moderate pain
3=severe pain
4=very severe pain
- C=cervical
T=thoracic
L=lumbar



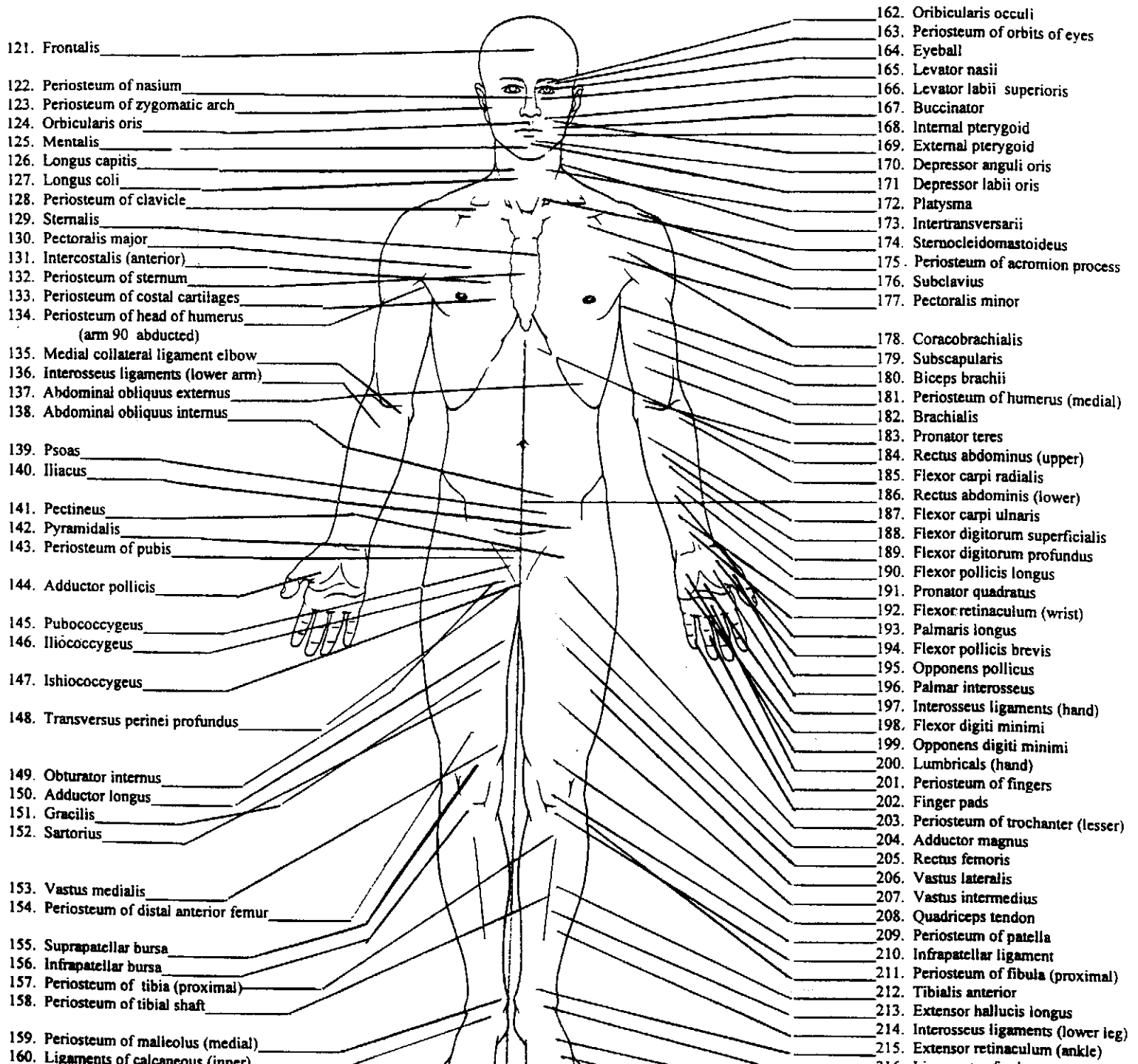
Daily Treatment Comments 1-5

Initial - Re 1 / 2 / 3 - Final

Exam Comments 1, 6

(Circled area indicates side and level of pain during palpatory exam.)

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