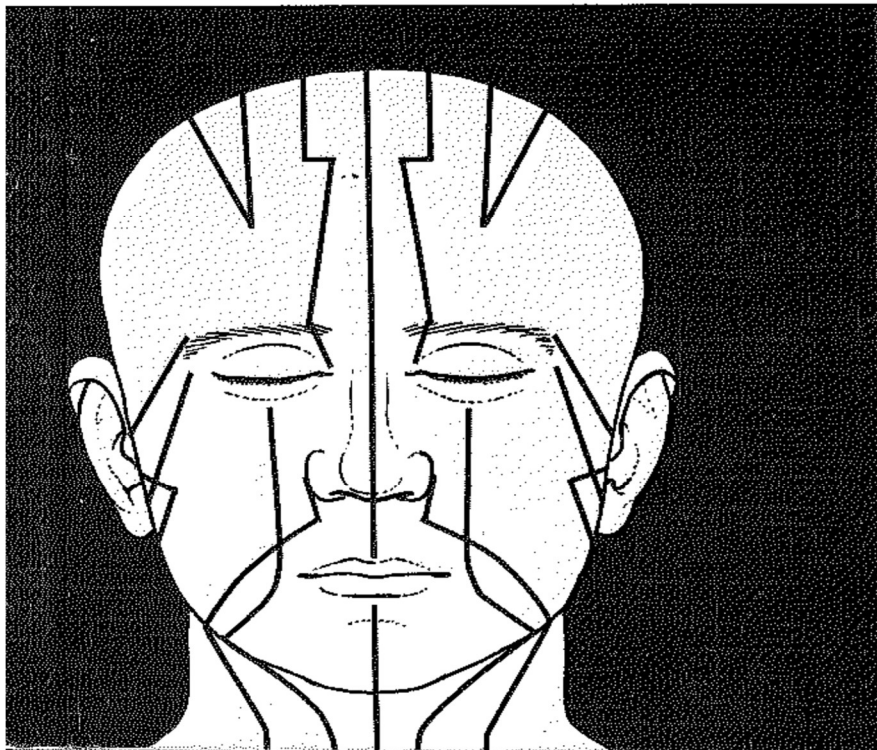


Dr FELIX MANN

**ACUPUNCTURE
CURE OF MANY
DISEASES**



**Foreword by
Aldous Huxley**

**William Heinemann
Medical Books Limited**

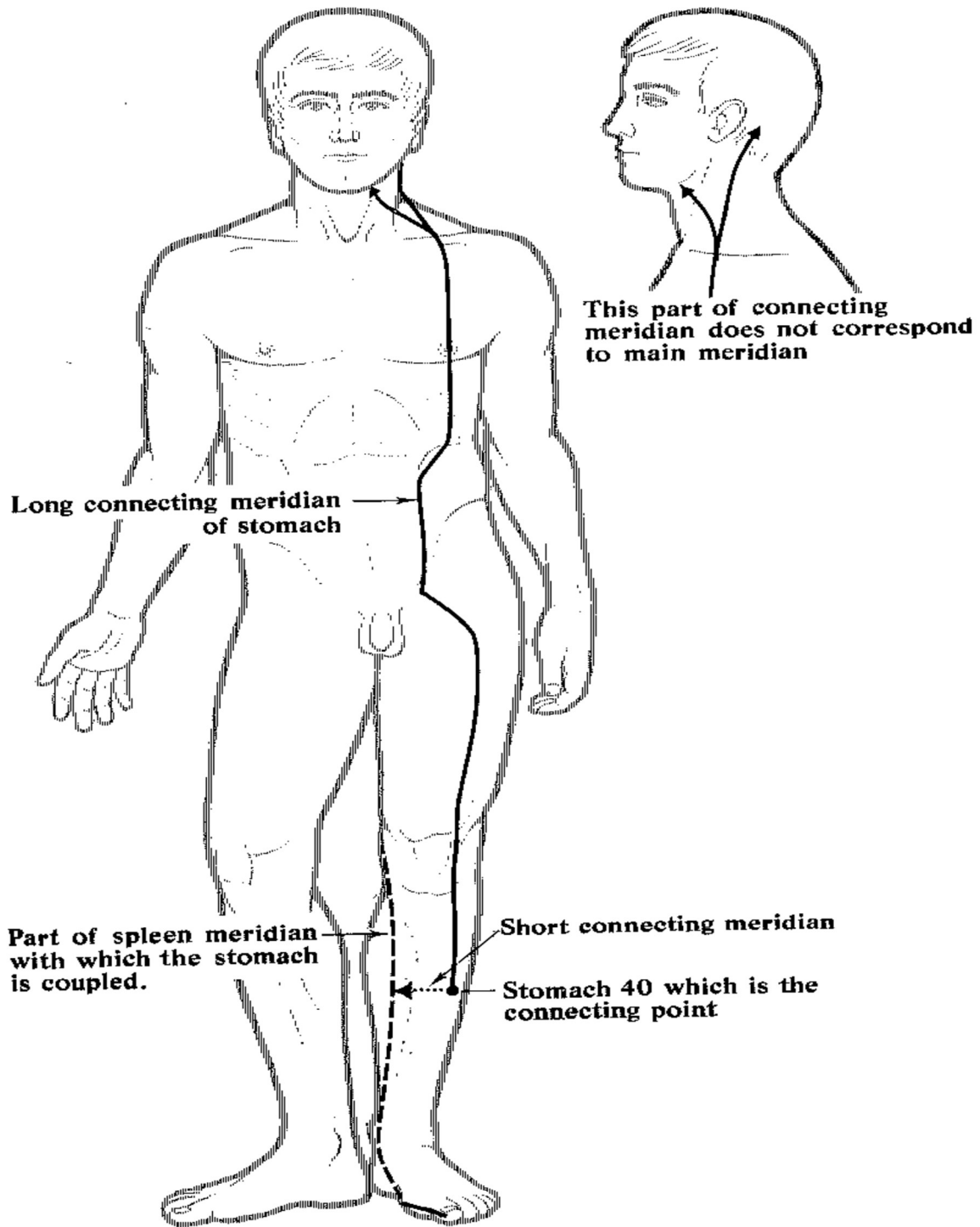


Fig. 18. The connecting meridian of the stomach may be used in treating a stiff neck.

describe the animate itself, the living plant, whose ligneous skeleton is its most permanent structure.

The element wood might appear to have been added to the other four merely as a means of explaining away the phenomenon of life. But in the Chinese system, wood is the original element from which the other four were evolved; in the beginning was life (wood), the first of the elements; from it afterwards developed matter (the remaining four).

It is interesting to note certain correlations with the West. In China the life (wood) element was thought to live in the organ known as the liver; and the idea, though we in the West no longer believe in it, forms part of the structure of our language. Liver—life; Leber—Leben. The words have the same stem in both English and German. It is mainly in the liver that those metabolic processes take place which make life possible; and to the liver, at least in this connection, the other organs are subsidiary. The kidney excretes the products of metabolism; the lungs take in oxygen as fuel for the

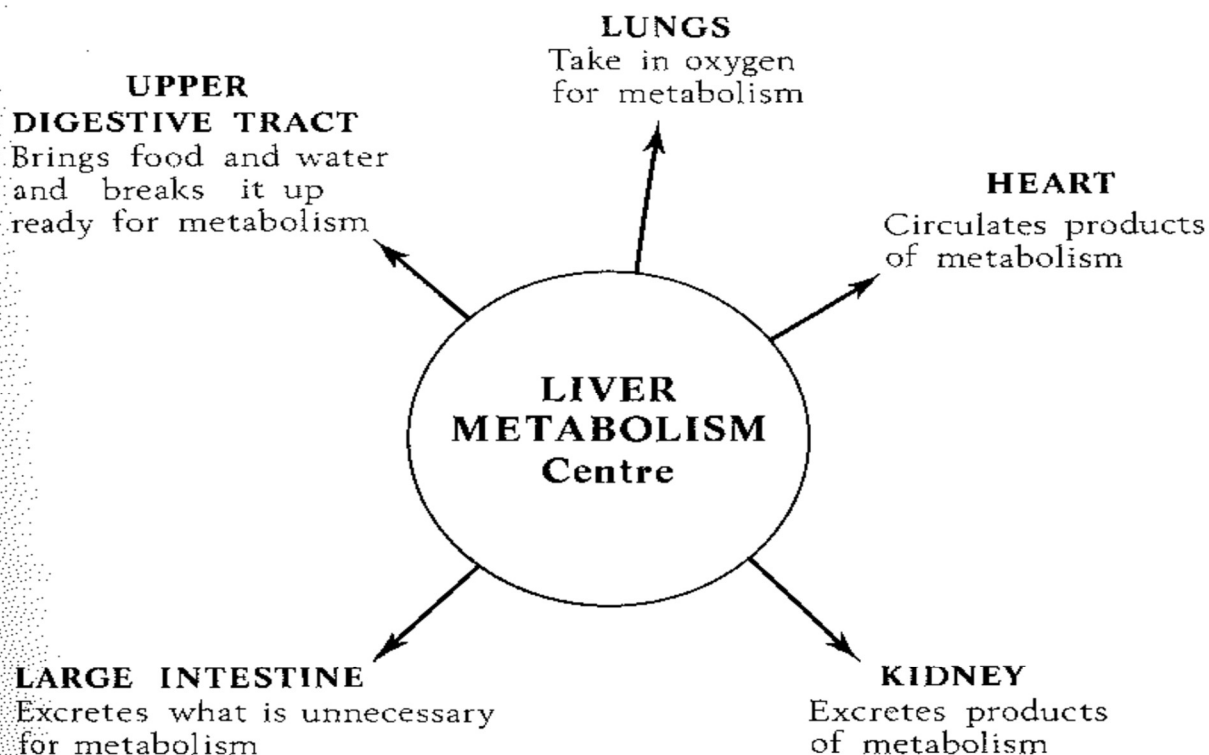


Fig. 25. The liver is the most important organ in the body.

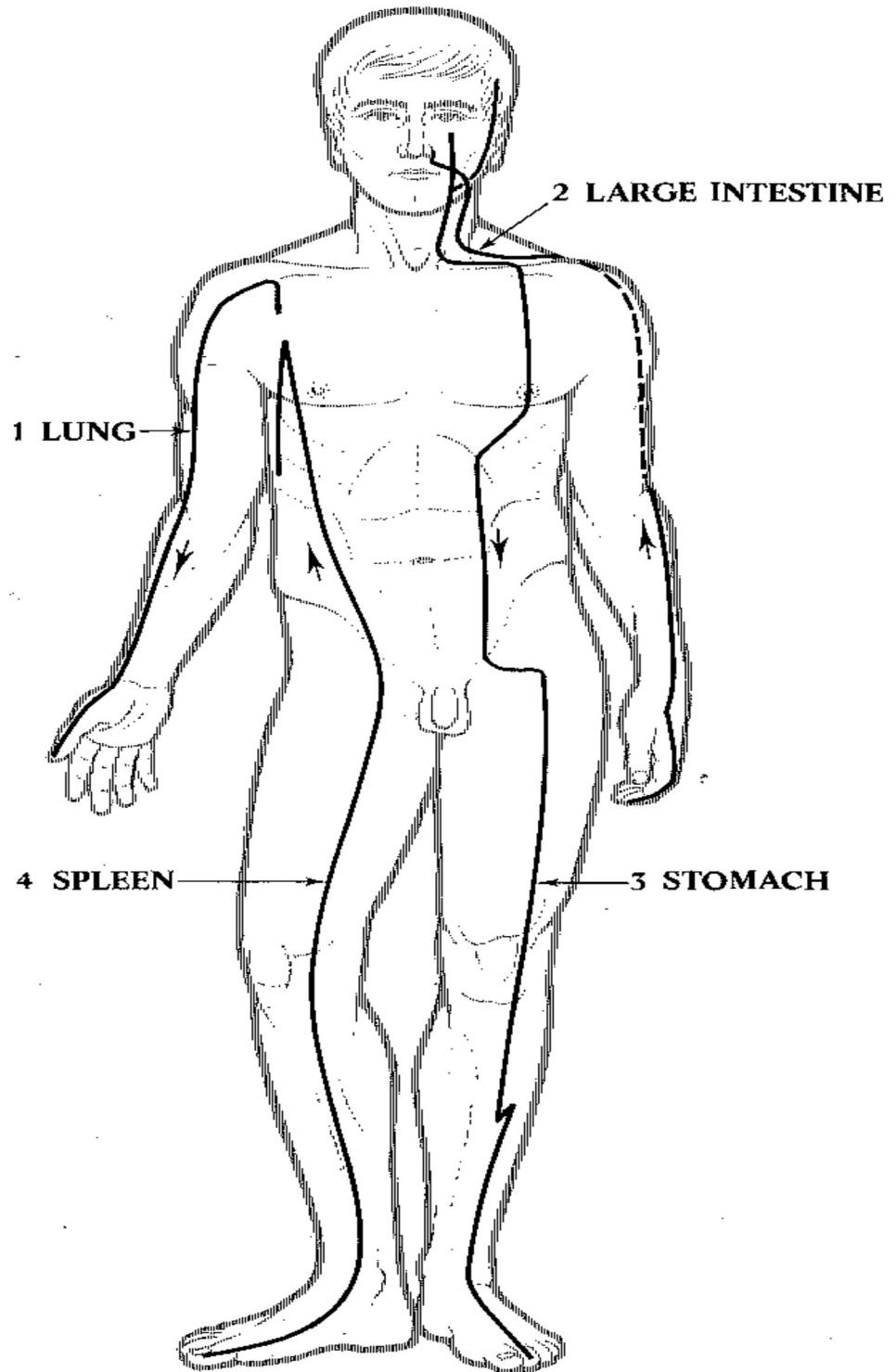


Fig. 32. The course of the meridians 1 to 4.

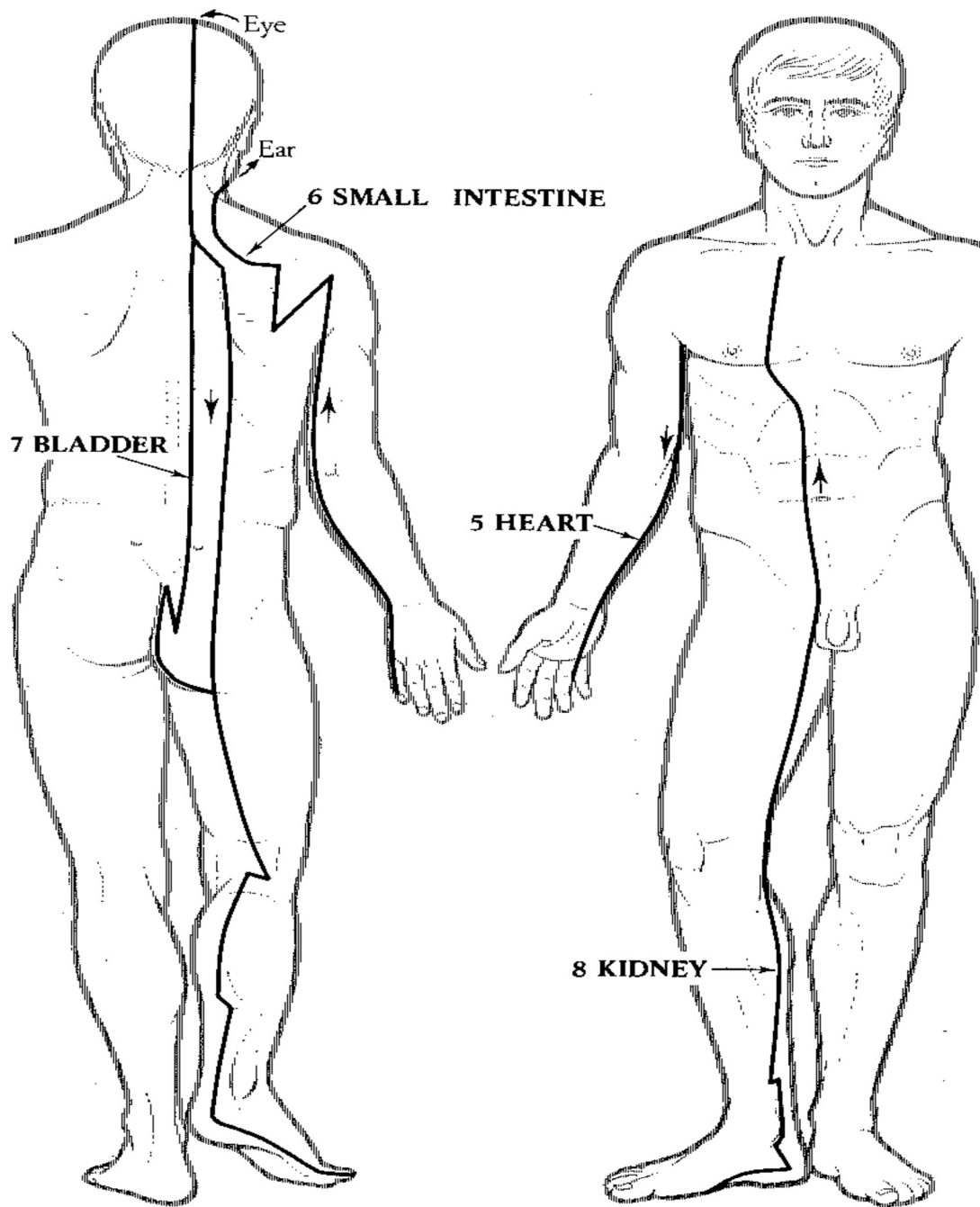


Fig. 33. The course of the meridians 5 to 8.

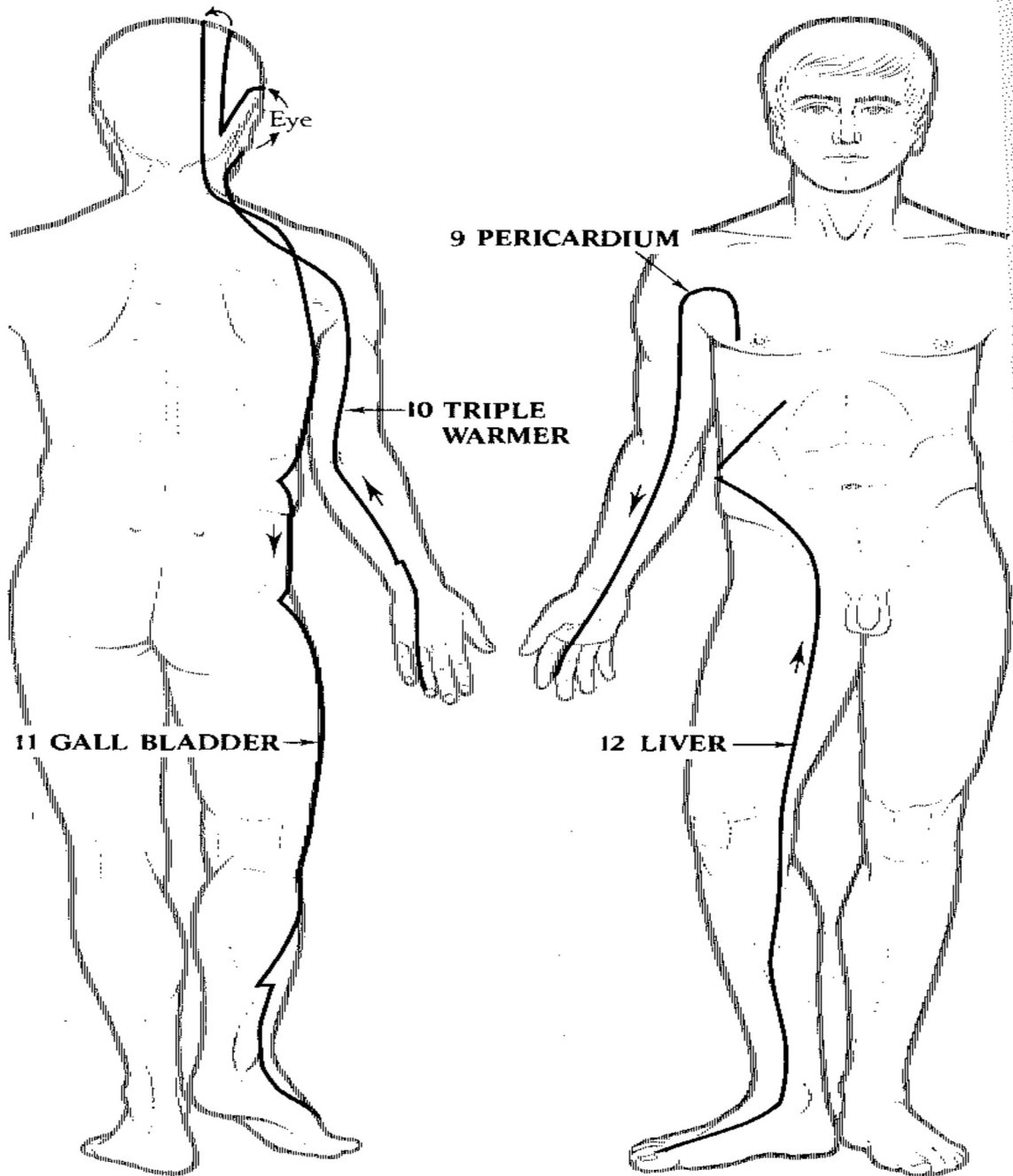


Fig. 34. The course of the meridians 9 to 12.

grouped under the liver, such as the liver types of migraine and presumably also the production of bile by the liver.

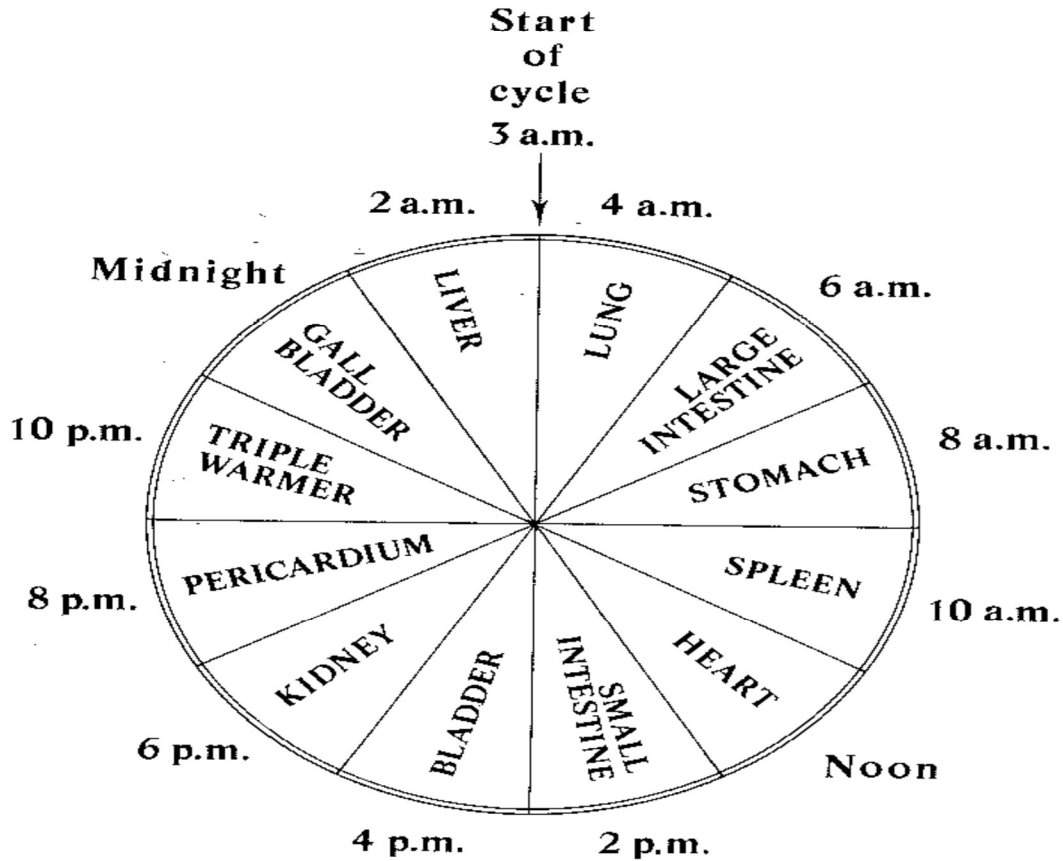


Fig. 35. Times of maximum energy.

This law may be used in diagnosis. A patient may have colicky pains which are worst at midnight (Fig. 36); and this, as reference to the diagram will show, is the period of maximal activity of the gall bladder or the period of minimal activity of the heart. Other things being equal, the pain is then most likely to be due to the gall bladder but could possibly also be due to the heart in its period of minimal activity.

This method of diagnosis, using the time of onset of symptoms, can easily be misleading. It is, however, one of the many variable factors which the astute physician can weigh

Then it passed and steadily I improved till every one of the symptoms—waves of nausea, livery-ishness, pains† went and even, for the first time in years, I found myself able to drink an ordinary amount of wine (strongly disapproved of for me by my medico's who prefer that I take 'purple hearts') without any subsequent heaviness or other liver symptoms.

'Cheers!' Well done and thank you very much!

With all good wishes from a grateful and rejuvenated old lady.

Yours sincerely.

★ { The improvement that is noticed during a course of acupuncture does not follow a steady course. As a rule the degree of improvement and its duration increases with each treatment till the stage is reached where the improvement persists and becomes a cure that lasts. The improvement from the first treatment may last minutes, hours or days, the effect lasting longer with each repetition. Some patients improve rapidly at the beginning of treatment but may take a long time to achieve that extra little bit that makes the cure; others improve slowly at the beginning and then take a sudden turn and are cured in no time. The majority follow an intermediate course. Most often there are various ups and downs during treatment and there is rarely an absolutely steady improvement—nature does not know straight lines. Not infrequently there is a setback at some stage of the treatment, which is then overcome by altering the acupuncture points used.

The final result rests with the individual doctor, his knowledge and ability.

A list (admittedly incomplete) of diseases that may be cured or helped is given below. In any individual case a certain disease may better be treated by orthodox medicine or in combination with orthodox medicine or by other means. The best course can only be decided in dealing with an actual case.

† She was unable to walk far.