

# ADJUSTING/MANIPULATION/MOBILIZATION

EXTREMITY-CRANIAL-VERTEBRAL

**TTAPS™ PART 3 [1&2 not requisite]**

**TRIPLE YOUR MONEY BACK GUARANTEE**

**If I, and you, can't perform substantially as claimed in this flyer, at the seminar-  
- AND KEEP THE HOURS!                      This Seminar is Based on Results!**

**\*\*\*16 Hours of CO, CT, IA, ID, IL [informal], IN, KS, MA, MD, MT, ND, NE, NY, OH, OR, RI,  
TX [includes 4 required hours], UT, VA [Type 2], VT Continuing Education\*\*\***

**7:30a-7:30p Saturday, 7:30a-NOON Sunday**

**SPONSORED BY TCA**

## **TEXAS**

**May 15-16, 2021**

### **Austin**

**Hampton Inn & Suites Cedar Park-**

**Lakeline**

10811 Pecan Park Blvd

Austin, TX 78750

512-249-0045

Group Code **TTAPS** for sleep discount

**May 22-23, 2021**

### **Houston**

**Hampton Inn Houston Galleria**

4500 Post Oak Parkway

Houston, TX 77027

713-871-9911

Group Code **TTAPS** for sleep discount

**June 5-6, 2021**

### **DFW**

**Hyatt Place Dallas/Grapevine**

2220 W. Grapevine Mills Circle

Grapevine, TX 76051

972-691-1199

Group Code **TAP** for sleep discount

**June 26-27, 2021**

### **San Antonio**

**Hilton Garden Inn Downtown**

408 E. Houston Street

San Antonio, TX 78205

210-222-8811

Group Code **TTAPS** for sleep discount

Join over 2,000 Doctors from 39 States – and growing - from the past just 5+ years getting AMAZING RESULTS!

**TO RESERVE YOUR SEMINAR SEAT CALL: 469-268-2944**  
**PAYMENTS BY CREDIT/DEBIT CARD [or online at [ttapscenter.com](http://ttapscenter.com), click SEMINARS]**  
**\$295 [\$250 TCA members] up to 2 days prior, \$395 [\$350 TCA members] thereafter**

**THINK YOU'VE SEEN IT ALL? LEARN FROM A DOCTOR WHO'S TREATED:**

- over 20,000 patients from **50 states and 97 countries**
- > 3,000 University/Collegiate/high /middle school and under athletes
- over 800 of which were Professional Athletes
- 12 Professional Athletic Teams
- NFL Run For Daylight/Fastest Man

Get most athletes back on the field in days, in most cases [**even if off for months**]

- **Ribs and Costal Cartilages**
- **Golfer's and Tennis Elbow**
- **Chondromalacia Patella**
- **Bunions**
- **Flat Feet**
- **High Arches**
- **Dropped Transverse and Cuboid Arches**
- Reliably relieve **reflux esophagitis, esophageal spasm and upper GI conditions**
- Acromio- and Sterno-Clavicular
- Chondritis and Costo-Chondritis
- **Hallux Rigidis**
- **Hammer and Claw Toes**
- **Bow legs**
- **Knock Knees**
- **Frozen Shoulder/Adhesive Capsulitis**
- **Rotator Cuff**
- **Carpal, Tarsal, Ulnar, Guyon, Radial Tunnel Syndromes, etc.**

**Cranial Techniques:**

- I have gotten **Autistic children** speaking **sentences** after only single words, significant **demeanor** changes, and even entering normal schools, other docs I have taught report youth autistic patients can now **multi-task** where they couldn't prior to treatment.
- Stop elusive **migraines**
- Improve **vision** and **hearing/tinnitus**
- Improve elusive **organ and gland dysfunctions**
- Correct **TMJ** dysfunctions

Vertebral techniques to correct puzzling cases with unique approaches you're unaware of now

**LET ME SHOW YOU HOW TO QUICKLY AND EASILY  
STREAMLINE YOUR PRACTICE!**

**Dr. Bonebrake co-authored several Research studies on Carpal Tunnel Syndrome, and authored several articles appearing in The American Chiropractor and the Texas Chiropractic Journal.**

**He has been in practice for 38 years, treated over 20,000 patients from 96 countries and all 50 states, including over 800 professional athletes from more than 12 professional teams, including NFL, NBA, CFL, NHL, MISL, MSL, and 3 foreign soccer teams; over 3,000 high school and collegiate/university athletes; professional bodybuilders and powerlifters; was the first chiropractor asked to treat athletes at the NFL Run For Daylight and NFL Fastest Man competitions; was invited to and treated athletes at a Cowboys/Raiders training camp.**

**He hosted a radio show for 15 years on his techniques, and has been the object of numerous newspaper and magazine articles, radio and TV news programs.**

## **RESULTS & EVIDENCE BASED CARE**

**See website for more doctor and patient comments as to the efficacy of these techniques: [ttapscenter.com](http://ttapscenter.com), click "PROFESSIONAL" tab, then TTAPS PART 3**

I would definitely recommend this seminar to other docs. **Excellent presentation with supporting documentation. TONS of hands-on workshopping.**

I began to experience **left knee crepitus with intermittent pain and swelling since 2001 [15 years]**. I was given a proper diagnosis and strategy for recovery **after one treatment it feels 50% improved**. I am very grateful!  
**Dr. Logue, CO**

**Outstanding. Very caring and conscientious teacher. Loved how he kept after me to do it right!**

**Dr. Stein, CO**

I did appreciate **new ways to manipulate. Hip work improved my stride.**

**Dr. Wilson, CO**

**Dr. Bonebrake is a master technician** who did a good job of normalizing extremity function. **Outstanding!**

**Presentation was very thorough.** My right **AC joint** has been very painful for about a month. It is significantly better.

**Dr. Ray, CO**

**The presentation was great, and would be hard to improve on.** You are hands on and **you make sure everybody gets it. I have never seen most of this in 31 years of practice!** My tinnitus went almost completely away. Left shoulder pain that kept me awake for 2 years went away!

**Dr. Williams, CO**

**Dr. Bonebrake can significantly reduce the amount of force we use to perform adjustments.** Since **childhood I could not straighten out both elbows.** I believed I was born this way. **Amazing that I can straighten out my elbows after the practice treatment phase!**

A 4 year old child that had his tongue loosened [was **tongue tied** since birth] after a 3 minute session of removing scar tissue in the mouth **did not have any pain the next day!**

**Dr. Perez, KS**

Awesome material! My **breathing greatly improved!** My **knee** felt way better [3 months of pain], **foot** as well [3-4 months], **mid back** pain [1 month], **elbow** [6 months] not pulling through triceps when extending! My patient [female], feels much stronger in her leg [4 months]. **Dr. Kircher, CO**

I would recommend your seminars. Your material isn't taught by others. **Five star rating. 40 years' duration scar tissue in joints** released in multiple areas. **Dr. Lewin, CO**

My **left shoulder had problems at least 4 years was greatly helped.** My daughter came to **TTAPS Part 2.** Her sinuses had serious problems and Dr. Bonebrake helped her **conchas [turbinates]** and she **didn't need sinus surgery that was set for the next week after 4 surgeries on her cheeks!** **Dr. Guthrie, UT**

**Great stuff!** I think anyone who comes to this seminar can and will learn new things. **Dr. Taylor, UT**

Good information! I really like the whole body approach and how the whole body can affect the whole body! Skin rolling after **TTAPS Part 2** helped my **low back greatly after a few disc injuries!**

I have had about **40-50% improvement with burping** from the stomach adjustment! I had a patient with **difficulty breathing and congestion**, and I did the eustachian tube/tongue/mouth sweep and patient **had immediate color change, voice changed and felt improved and had relief immediately!**

**Dr. Allred, UT**

I **injured my left foot 20 years ago** in snowmobiling accident and had it adjusted by Dr. Bonebrake at the seminar and **it help immensely!** I used scar tissue treatment on patient that had **12 surgeries on a hip. Hip replacement** got infected, then **11 subsequent surgeries after**, patient had **600 cc of fluid withdrawn with a needle** and it **started coming back immediately after.** Using edema acupoint and scar tissue technique [TTAPS Part 2], patient **is not going to need surgery #13!** **Dr. Astle, UT**

My fingers had a mild chronic stiffness that I hadn't noticed the onset of and the mobilizations made a huge difference! **My patients expect more than basic adjustments---this course is so much to offer them!** **Dr. Haddock, UT**

**Every class [parts of TTAPS] I attend I learn so much more!** Dr. Bonebrake is very knowledgeable and is an **excellent teacher!** I had a **hiatal hernia** problem for years. Dr. Bonebrake adjusted my **xiphoid process** back into place. **The pain I have had was eliminated** and I feel much better!

**Dr. Fiagle, UT**

The **pain in the right side of my neck and shoulder and upper back** was taken away from the **posterior 1<sup>st</sup> rib adjustment.** He also **fixed my 3<sup>rd</sup> metacarpal on my right hand!** **Dr. Woods, UT**

Very good-interesting-stimulates thoughts **far beyond concepts taught in school-or at least applies them better!** All docs are **truly interested in being the best at their art and science of chiropractic needs this-far, far, far beyond the generic rack and crack!**

My **chronically stiff left shoulder is much improved-almost as good as my right shoulder [20+ years]!** The **rib and scapular mobilization was a great thing.** The **process of mobilizing all planes of motion** help me **step out of my box of traditional mobilizing techniques** for **greater benefit to all my patients!** **Dr. Wright, UT**

**Cranial and feet techniques I really liked!**

**Dr. C. Whittaker, UT**

My feet feel more loose than they have in months!

**Dr. T. Whittaker, UT**

**Class is well organized, filled with tons of useful information. Every doctor would likely come away with multiple new techniques they could implement right away.**

I've been having **upper thoracic and lower cervical** issues a lot recently and was given relief with Dr. Bonebrake's **rib adjustment and spinal techniques** in those areas. **Dr. Black, UT**

**The presentation was great!** I would recommend it because **it works and it works fast!**

**The treatment was great!** We worked on the **shoulder** and the ability to touch fingers like Apley's scratch test. **I have never been able to** touch my finger [behind the back in the hammerlock position to the other in Apley's position], but with some help and a little discomfort **I touch my fingers together for the first time in my life!** Awesome! **Dr. Graf, CO**

**Great protocol information! Can go home and use it on Monday. Arm and shoulder pain went away after one treatment. I was amazed! I could not do a push-up** without a tearing pain in my forearms and shoulders for last year. **It's gone! I immediately tested it and did several pushups without pain. Next day still feels good!** **Dr. Hales, UT**

**I would highly recommend this seminar. Dr. Bonebrake is very creative and progressive in his application of treatments. He has a large amount of knowledge. Some techniques I have never seen before!** **Dr. Wilson, UT**

**Dr. Bonebrake covers Chiropractic adjustment like none other!** I feel less fixated, more mobile, it's the little things done right that can and do make all the difference! **Dr. Schraedel, UT**

### TTAPS PART 3: CASE STUDIES

Reno, 3 ½, didn't talk like he should, speaking only single words, and had frequent fits. He was **autistic**. His mother, already a patient, asked if there was anything we could do. I told her about the success with raising IQ and with Autism at Oklahaven. She asked if I could do the same, and I replied that I had probably as much knowledge for treatment as they did. I examined him, found cranial issues, and began cranial manipulation with TTAPS. To her, her husband's and his teachers' surprise, he began to start paying attention when spoken to, and over a few months **began stringing sentences together!** Now the teachers recommend him to attend regular schools!

Dr. Swim had decades-long issues with **Hallux Rigidus**, such that he could only walk with a shuffle because his big toes wouldn't bend. After adjusting his neck and getting relief not previously achieved, he asked me if I knew how to approach the condition. I explained that the nature of the condition dictated that it would involve significant pain at the start, but that it would subside with proper follow-up office and home care, and he consented to the procedure. Within 3 months he was walking normally, and the large toes were fully flexible.

Phyllis, 63, came in for severe chronic cluster migraines, but asked about her thumb, which wouldn't bend. X-rays revealed fibrous fixation at the proximal thumb joint, but **total degeneration with no joint space at the distal joint, with a sizeable spur**. I informed her it would be painful and she said to go ahead. Over 18 months, not only did we get **the full range of motion in both joints, the fused joint regained its full thickness and the spur reduced to ¼ its length!** She said that, to her, that was a bigger miracle than getting rid of her migraines!

A woman who **was headed to surgery the next day for full breadth tear of the supraspinatus rotator cuff muscle** was referred to me. She was in such pain that she couldn't take her hand behind her hip or lift her elbow even close to shoulder level. After testing the muscle to make sure it was still intact, I had her

perform a maneuver, taking about 2 minutes, and she had full mobility of her shoulder with 85% remission of pain! She didn't need the surgery!

A woman flew to Dallas from Phoenix after talking with me. **Her wrist and fingers were immobilized after broken wrist casting** because they left the cast on, even after it swelled so much her fingers turned purple, because the insurance company wouldn't pay for a new cast! She had gone to an Occupational Therapist for 9 months with no results. I informed her it would be painful, and she said she didn't want to live with the immobility, so to go ahead. **Within 3 weeks we had full mobility in her wrist and fingers, and in 6 weeks most of her grip strength was back.**

Scott, a 40-year old radio personality at the largest Country-Western station in the world, **had virtually total wrist and finger immobility from Rheumatoid arthritis.** I was advertising on the station and bringing in different cases to record as testimonials each week. He asked about his condition, and put off coming in for 6 months because he wanted to exhaust all the medical medication procedures. He said he didn't know chiropractors could take care of all the conditions that came through the station [I interviewed the patients and put the interview on the air], and I replied that not every chiropractor could, that I had several special degrees. He literally could barely move either wrist and fingers. He had no health insurance, and paid for it all in cash, about \$3,500, stating that if his car needed the engine replaced he would come up with the money must the same. **We got all the motion back in his wrist and all his fingers, and he was able to play the fiddle in the company band again in about 6 weeks!**

Jorge, the Top one-on-one defender in the world in soccer had **Turf Toe**, and was told he would be out the rest of the season in Kansas City. He called me in Wichita and asked if I could help, and I said I could. He stayed with me for 3 days and went back to play in the next game, with no time off otherwise! I got a write-up in the KC Star for that one!

The number 2 scorer in the **Major Indoor Soccer League** came to me with a badly **ingrown toenail.** I adjusted the toe and the nail resolved to normal.

Darry, a body builder who would eventually get 3<sup>rd</sup> in the Mr. Universe in Germany, came to me being **told that he needed both shoulders and both knees replaced** by a couple of surgeons. Not only did he not need them replaced, but he earned his first National title 6 months later! Later on he complained that his head wouldn't tilt to the right. I adjusted an extremity joint without adjusting the neck, and his neck range of motion was immediately restored. I got mentioned 9 times in an article on him in Flex Magazine, the premier bodybuilding magazine!

A 21 year-old woman had fibromyalgia. We examined and found only the saddle joint of one thumb and axis as needing adjusting, which we did. Just after, she became very sick and threw up several times that night. The next day she was pain-free and remained so!

Vicki had the impairment that she would be walking and **suddenly and without warning she would fall.** We performed cranial adjustments and over a short period the impairment ceased.

Donna had a chronic **neck pain that wasn't responding to her Chiropractor's adjustments.** I performed a special adjustment to her cervical vertebrae, then her neck freed up!

A 63 year-old woman came in with ALS. Her finger webs had sunk in on one side and she was given 18 months to live. **I repeatedly performed a certain adjustment on a certain rib, and the webs were normal in 3 months!** 23 years later she was going strong!

Les, a 50+ farmer, had **his right anterior deltoid sink in to skin-over-bone in a period of 2 weeks**. He went from Chiropractor to Chiropractor, acupuncturists, massage therapists, PTs, several MDs and DOs over a 2 year period with no positive results. After I gave him his report he grabbed me by the shoulders, shook me and shouted “No bull doctor! Can you help me or not?” I asked whether anyone had adjusted a certain rib. He looked startled and said no one had. **I repeatedly adjusted that rib and in 3 months the muscle was its normal size and strength!**

A young woman had **persistent sternum pain** after an auto accident, without heart problems, and after going from Chiropractor to Chiropractor, acupuncturists, massage therapists, PTs, several MDs and DOs over a 4 year period with no positive results, **I performed a sternum adjustment, and the pain immediately left!**

Dr. Hoffman, IA was wearing **hearing aids** at the seminar when I was asking for people with hearing problems. I adjusted his ossicles, and he came back the next morning saying he **was hearing fine without them now!**

Several doctors at seminars had their **tinnitus** totally or partially reduced from adjusting their ossicles!

Dr. Edwards came to me with **chronic knee pain**, and after I adjusted his **patella**, it immediately ceased!

Ann, a 70-year-old secretary, had **outer knee pain**. I adjusted her **fibula head**, and the pain immediately ceased!

Alton, a long distance runner, had **chronic Achilles tendonitis**. He even had a surgery that split the tendon into 3 to see if would help, which it didn't. I adjusted his **talus**, and the pain, now 2 years old, immediately ceased!

Ken had **daily migraines and had trouble sleeping for years, sleeping only an hour or 2 per night**. I performed a **special occiput adjustment**, and **he began sleeping normally and the migraines ceased!**

A Chiropractic gold-coat **couldn't wear anything but sandals** because of his **high arches**. I adjusted his **proximal metatarsals** and his arches lowered so he had no more pain and he could wear normal shoes!

A doctor presented with **claw-toes**. I adjusted his **distal phalanges** and the toes immediately flattened to normal!

A doctor brought his patient to a seminar that had **adhesive capsulitis**. I had her **perform a maneuver** to free it, and she immediately had full ranges of motion!

“Hearing is better”!

**Dr.V. Higley, NE**

“I have not been able to bend forward and touch the floor for 20 years after hip adjustment-fingers on floor”!!!

**Dr. Shaw, ND**

“Excellent, excellent instruction, knowledge and experience is excellent! Chronic gastric pain resolved with single treatment after prior 2 year duration of pain”!!! He brought a patient with decades of abdominal scar pain- immediate relief! Another had tinnitus “cured” and right shoulder pain with immediate relief and restored function!

**Dr. Schmidt, NE**

“I haven't been able to fall asleep without muscle relaxers for the past month. After one day of working on each other during this seminar, I was able to fall asleep without the muscle relaxers.”**Dr. Stramel, MO**

“Best seminar I’ve ever been to! Tight mid-thoracics for about 3 months. The muscles released without ever touching the area! Sternum and rib work released the area.”

**Dr. Virgl, NE**

“This seminar will change how you think about the body.”

**Dr. Beisiegel, KS**

“I didn’t even realize that I was walking around without attaining full inspiratory capacity. After having the ribcage and sterna mobilizations, I was amazed by my ability to take full deep breaths! I even had more energy that afternoon and evening!”

**Dr. McCormick, MO**

“It was great! You learn a lot of new technics that you can use the same day. I can breath a lot deeper. Didn’t know I had a problem until it was fixed!”

**Dr. Oborny, KS**

“I’ve had great difficulty bending forward then standing up to breathe. 80% was better after I was treated on Saturday with rib cage techniques!”

**Dr. Littlefield, KS**

“Best buy for the \$\$\$!!!”

**Dr. Hull, KS**

“Very unique way to address the extremities in accessing and adjusting them in all positions of restriction.”

**Dr. Oberhelman, KS**

“Right shoulder pain and sternoclavicular joint much improved!”

**Dr. Sheid, UT**

“It’s a stretch outside the box of traditional compartmental chiropractic material. A wonderful paradigm shift recognizing treatments that are simple and powerful based on years of Dr. Bonebrake’s research and exploration. I have been struggling with reflux for 2 years, constant belching and burn after lying down, especially when eating late. I was treated with the sternum protocol by a fellow student and that night experienced no symptoms at all! This is a BIG deal!!!”

**Dr. Bohosky, KS**

“Great presentation! Hands on and attention to detail that all docs can easily understand.”

**Dr. Wilson, NE**

“Fantastic! All information is verified by academics and is highly efficient, practical and easy to apply immediately! I had a problem with full extension of right knee while supine of and on for about 6 years, significantly lessened with knee adjustment!”

**Dr. Welch, KS**

“Very interesting class! I would recommend it to any doc who is looking for new ways to help with difficult cases. Right foot better. I had discomfort below the lateral malleolus for several years. Tinnitus in left ear was better after adjustment on ears!”

**Dr. Dockendorff, IA**

“I benefited from problems with eyes, head sinuses, spinal problems developed with a car accident in 1983 [23 years ago], being hit on my head with books at age 6, then ice skating and falling always to the side [I’m 65].”

**Dr. Odvarko, IA**

“I had left upper rib head pain for 2 years, resolved with Dr. B’s rib technique and left knee and ankle pain for 1 year helped greatly with dr. B’s technique.”

**Dr. Cavanaugh, KY**

“Neck and shoulder better as well as esophageal problem.”

**Dr. Lockhart, IA**

”I had been dealing with SI pain with numbness in foot tingling down leg for about 4 weeks. Walking, sitting was difficult. Can move and walk better!!”

**Dr. Spencer, IA**

“Broken toes with decreased motion increased ROM by 50%: duration of 25 years!”

**Dr. Goad, IA**

“Acid reflux of 6 months and upper thoracic fixation gone!”

**Dr. Nolz, IA**



“My ribs have improved! I have only had one chiropractor who has been able to successfully adjust my ribs although they wouldn’t stay and the rib adjustment is still feeling better! I’ve had this problem for close to 10 years!”

**Dr. Lench, IA**

“Dr. Bonebrake is a master technician who did a good job of normalizing extremity function. Outstanding! I feel improvement in my feet following an injury a dozen years ago! Chronic residuals included hallux rigidus with pain at the metatarsophalangeal joints.”

**Dr. Manville, CO**

“Dr. Bonebrake can significantly reduce the amount of force we use to perform adjustments. Since childhood I could not straighten out both elbows. I believed I was born this way. Amazing that I can straighten out my elbows after the practice treatment phase!”

**Dr. Perez, KS**

“Everything is backed up by well-accepted references. I had relief of a sacroiliac problem I’ve had for 50 years! A female patient with right neck and headache for 15 years experienced total relief! 10 year old boy with spectrum autism was much calmer and relaxed after cranial manipulation!”

**Dr. McIrvin, KS**

“So many practical applications of very common problems. Well presented and time to practice. I had a distinct improvement of low back pain spondylo!”

**Dr. Harward, UT**

“Expanded my thinking process toward chiropractic care. More “out of the box.” Right shoulder [1 year] much improved and just generally have more ease in my body, feel more energetic flow!”

**Dr. Brittain, TN**

“You have an amazing way of studying, discovery connections and finding solutions for an amazing # of concerns. Knee is definitely making it easier to walk without much discomfort!”

**Dr. Wahl, KS**

“I was impressed with Dr. Bonebrake’s confidence, diagnostic ability and very quick results that looked miraculous!”

**Dr. Wilcox, KS**

“Knowing and doing do not always coincide in true application of principles learned. Dr. Bonebrake brings principles into behavior with having students practice, practice, practice. I’ve been suffering with daily acid reflux for several years. After my diaphragm restrictions were released by mobilizing my sternum and xyphoid and rib fixations I no longer had reflux even after large meals late in the day!”

**Dr. Rexroth, IL**

“First class adjusting techniques with immediate visible and physiological results! information and techniques I can apply tomorrow!”

**Dr. Lunenburg, IA**

“a new way to look at adjusting and handling different problems. A patient’s ROM dramatically increased. She has been dealing with it for about 3 years!”

**Dr. Jensen, IA**

“Appreciate fresh way of looking at things. I injured my right wrist about 1980 [2016-36 years]. Dr. Bonebrake identified subluxation in my hand and adjustment restored full movement for the first time since the injury!”

**Dr. Burk, IA**

“It’s a great seminar, one of the best that I have taken in 10 years! I liked how you showed the amount of pressure to use. I had pain in thoracics by my scapula-gone after rib adjustment!”

**Dr. Trier, IA**

“Super informative! Opened up concepts and Dogma!”

**Dr. Nyberg, IA**

“Dr. Bonebrake presents information in a way to think about what you already have learned in a new way. I had an old martial arts injury to my ankle from my 20’s. I’m 64 now. One adjustment session and my

ankle has never felt the relief from one adjustment in decades! Very impressed! More stability in my ankle. Also, one adjustment to my knee and marked improvement!”

**Dr. Rush, IA**

“Hip work lengthened my stride!”

**Dr. Wilson, NE**