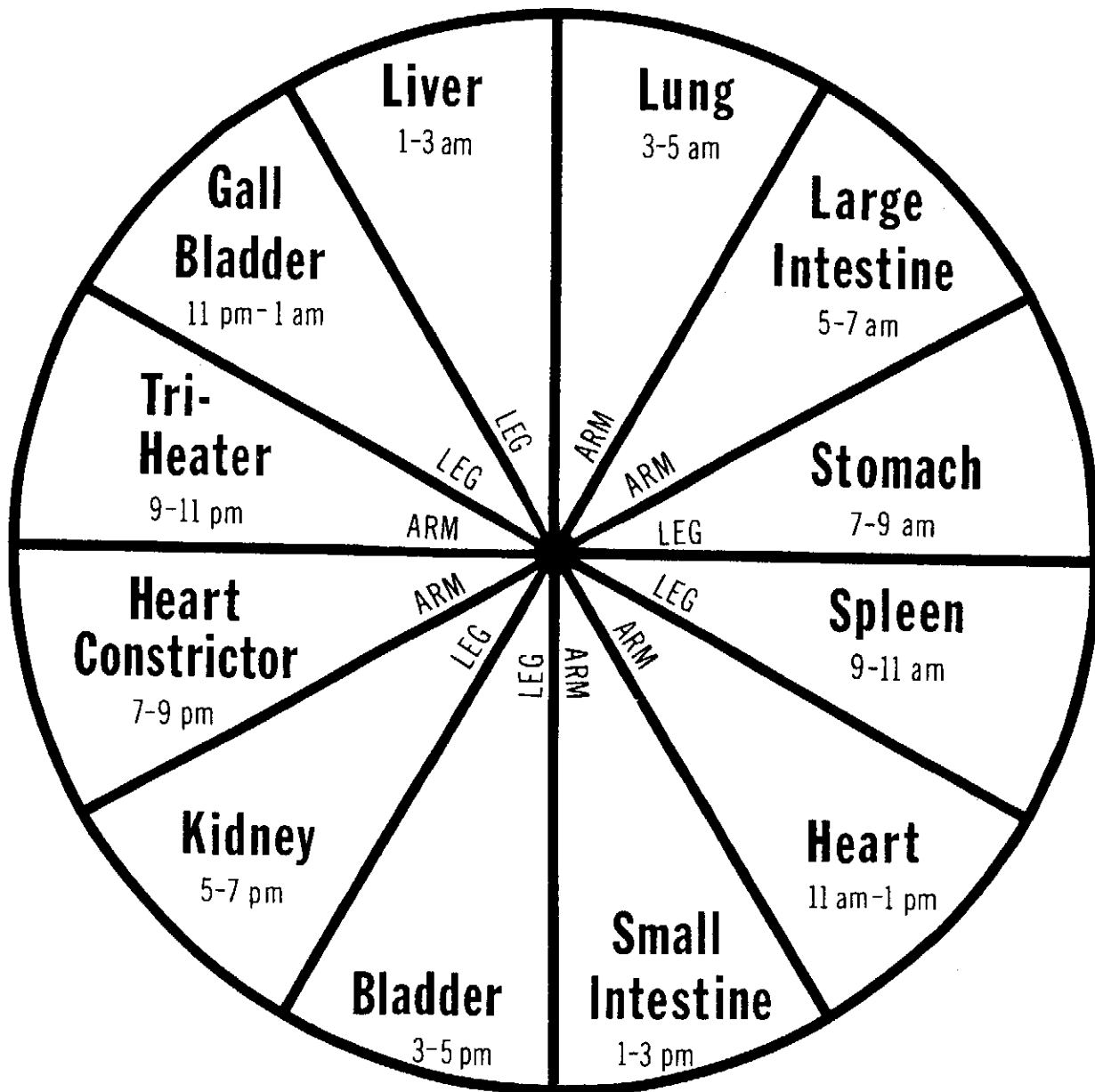


GENERAL CIRCULATION OF ENERGY

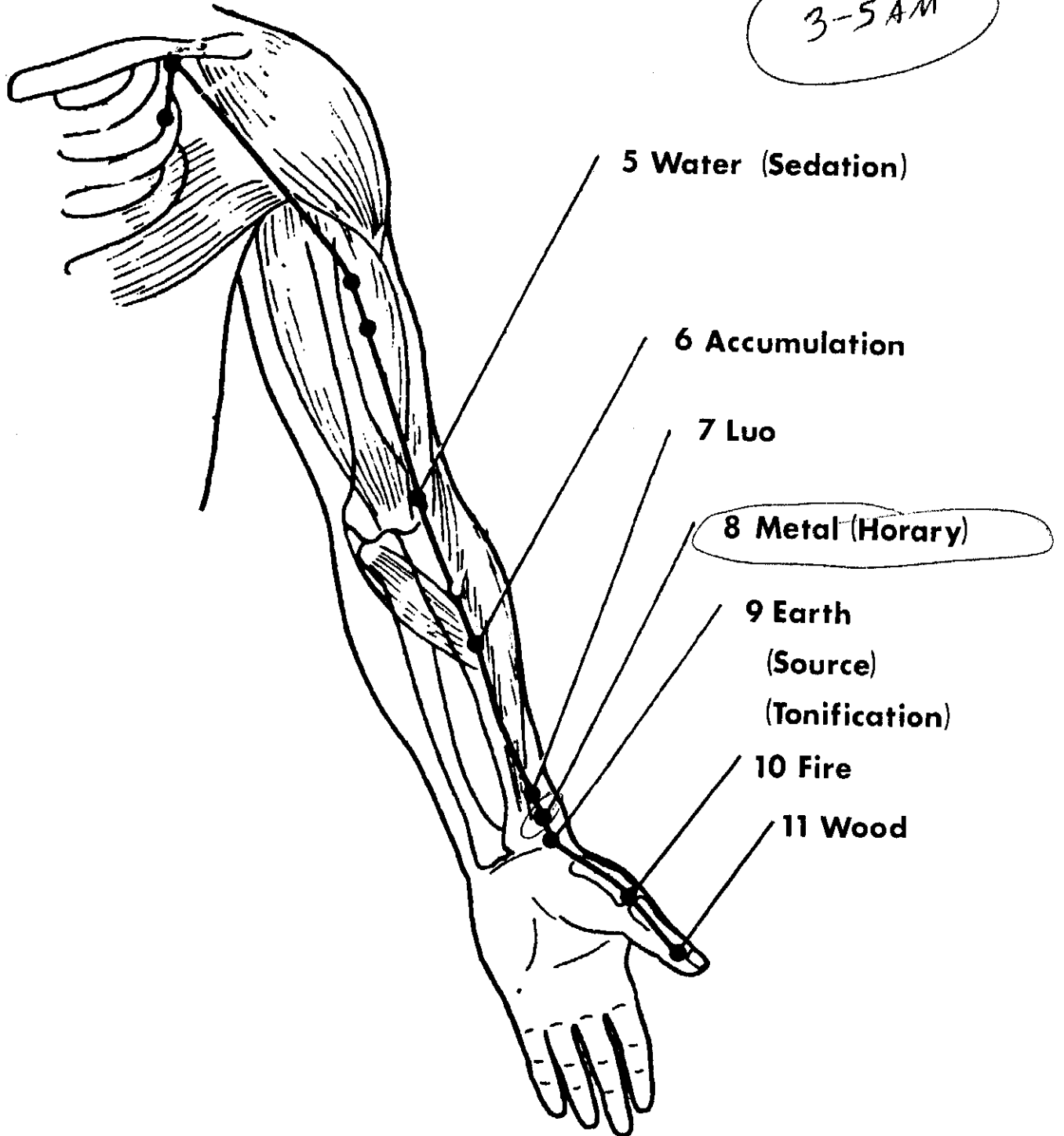
Chart of General Circulation of Energy



**POINTS OF COMMAND
and Accumulation Point**

LUNG MERIDIAN (LU)

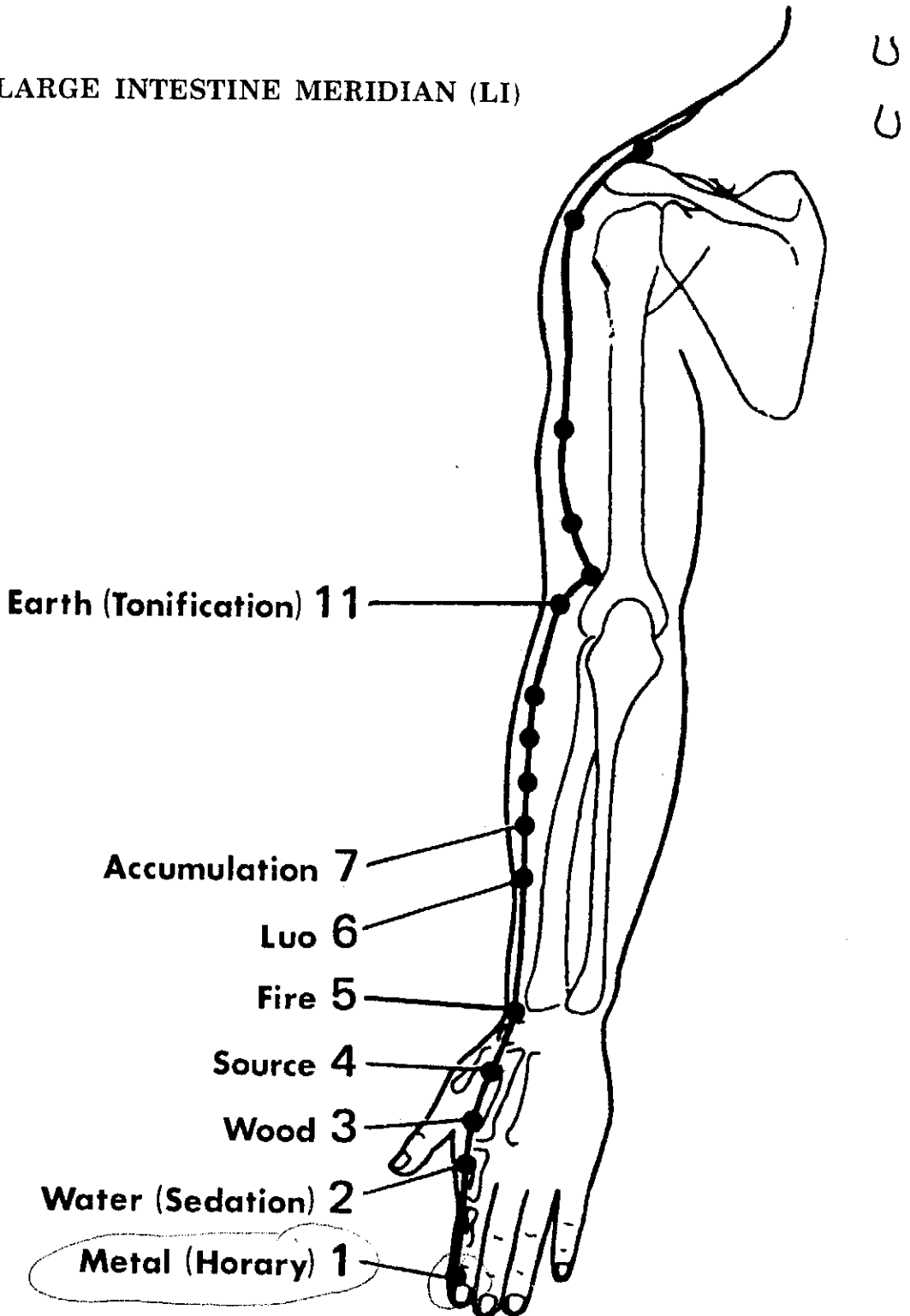
3-5 AM



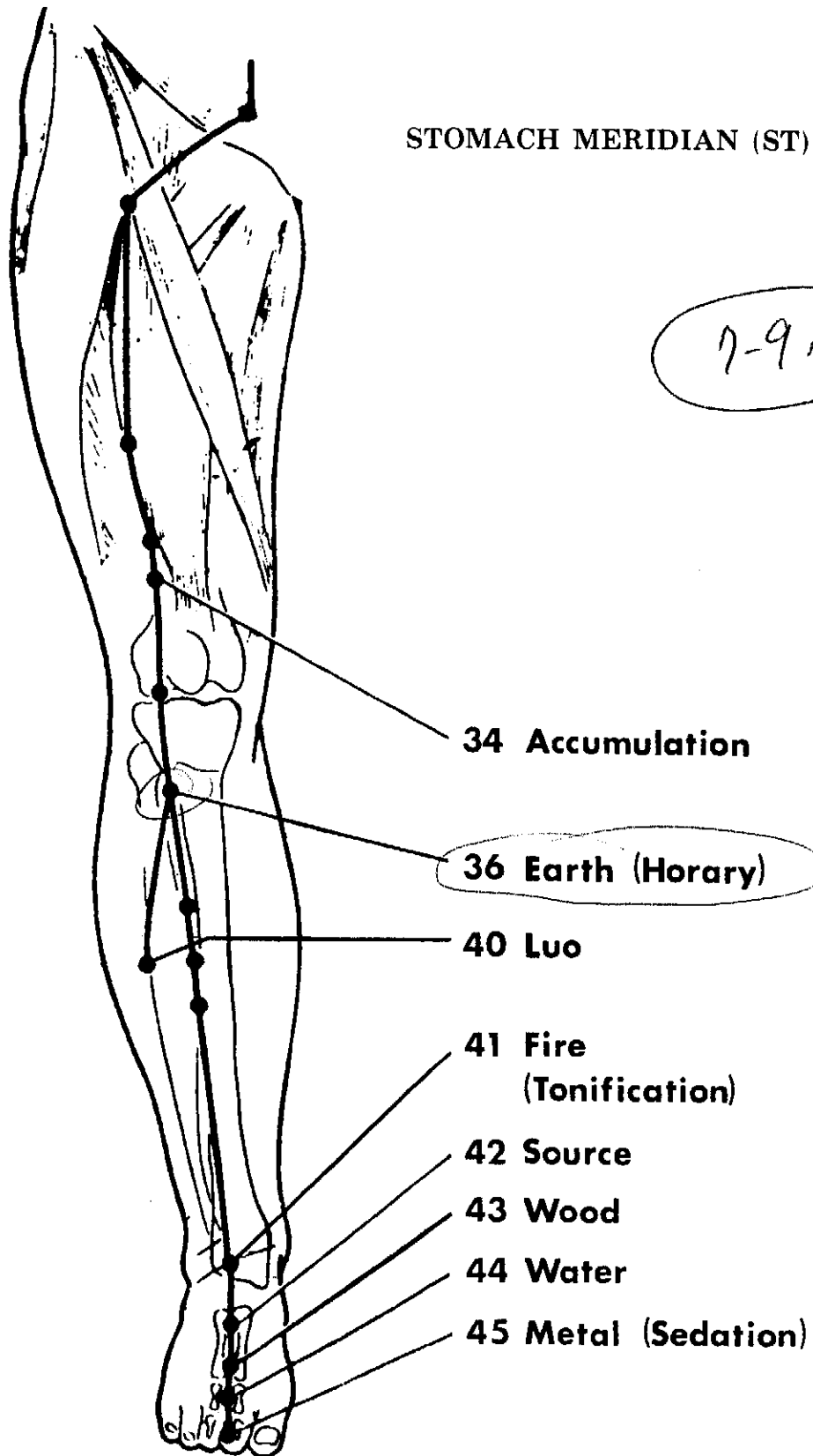
**POINTS OF COMMAND
and Accumulation Point**

5-7 AM

LARGE INTESTINE MERIDIAN (LI)

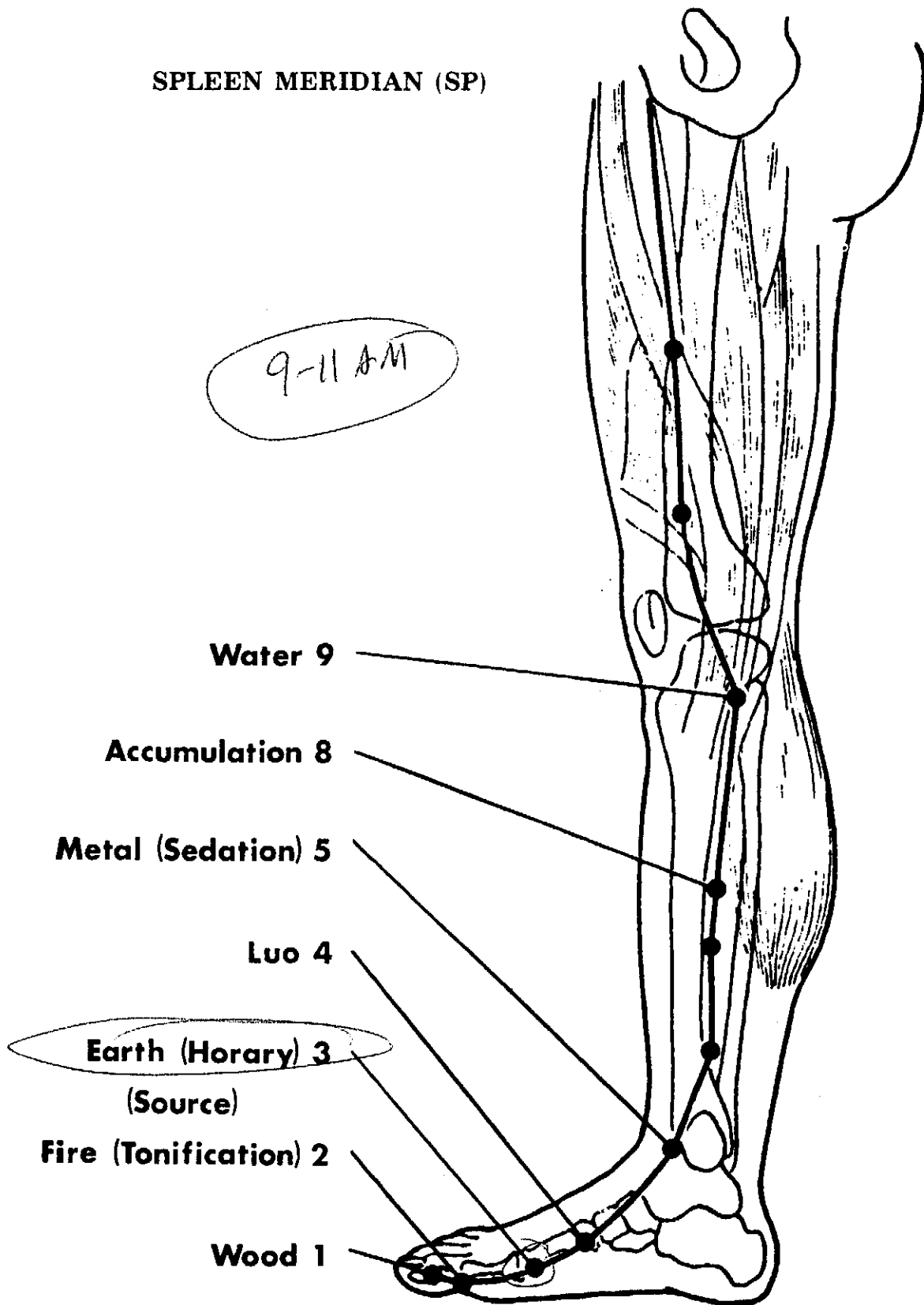


**POINTS OF COMMAND
and Accumulation Point**



POINTS OF COMMAND
and Accumulation Point

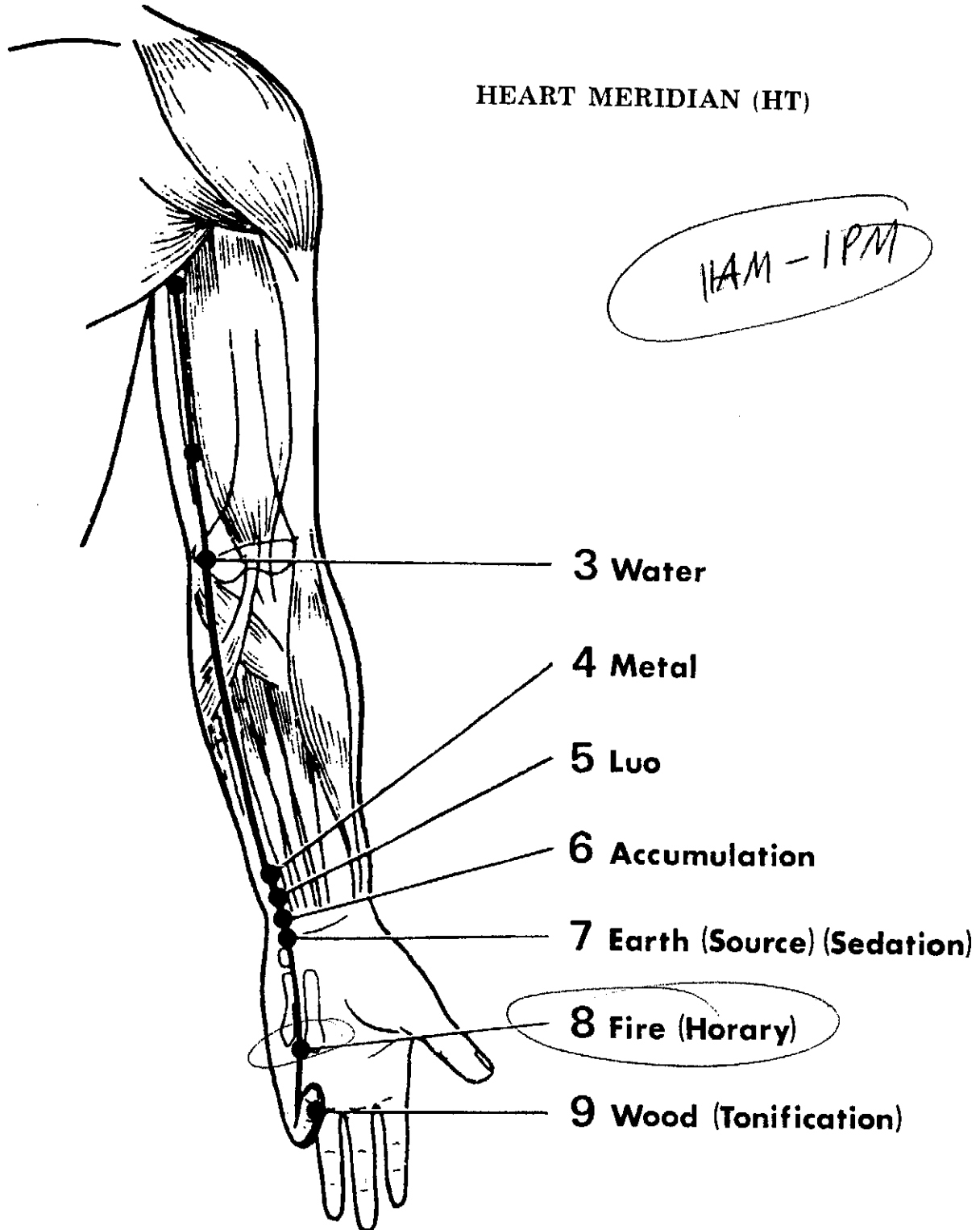
SPLEEN MERIDIAN (SP)



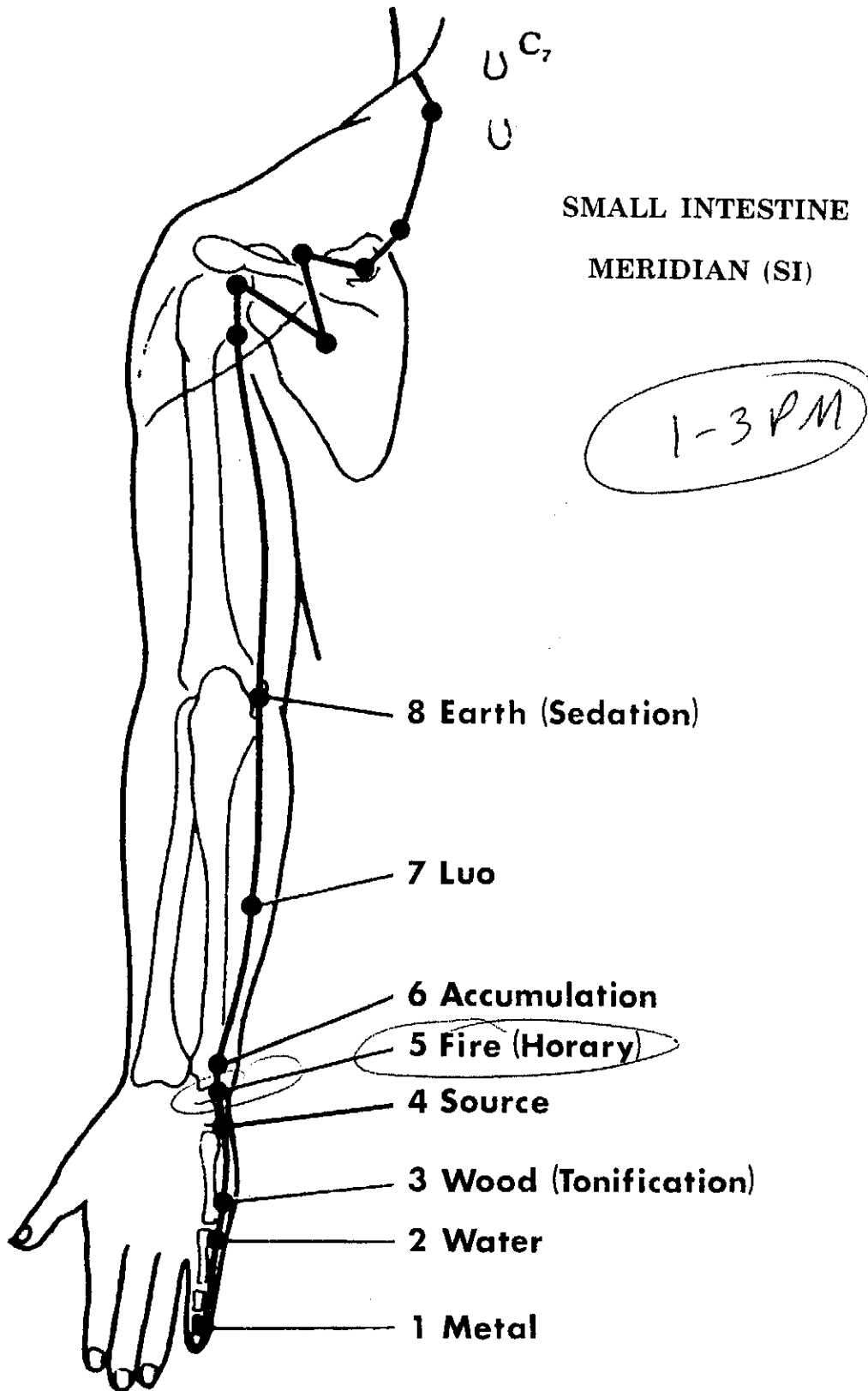
**POINTS OF COMMAND
and Accumulation Point**

HEART MERIDIAN (HT)

11AM - 1PM

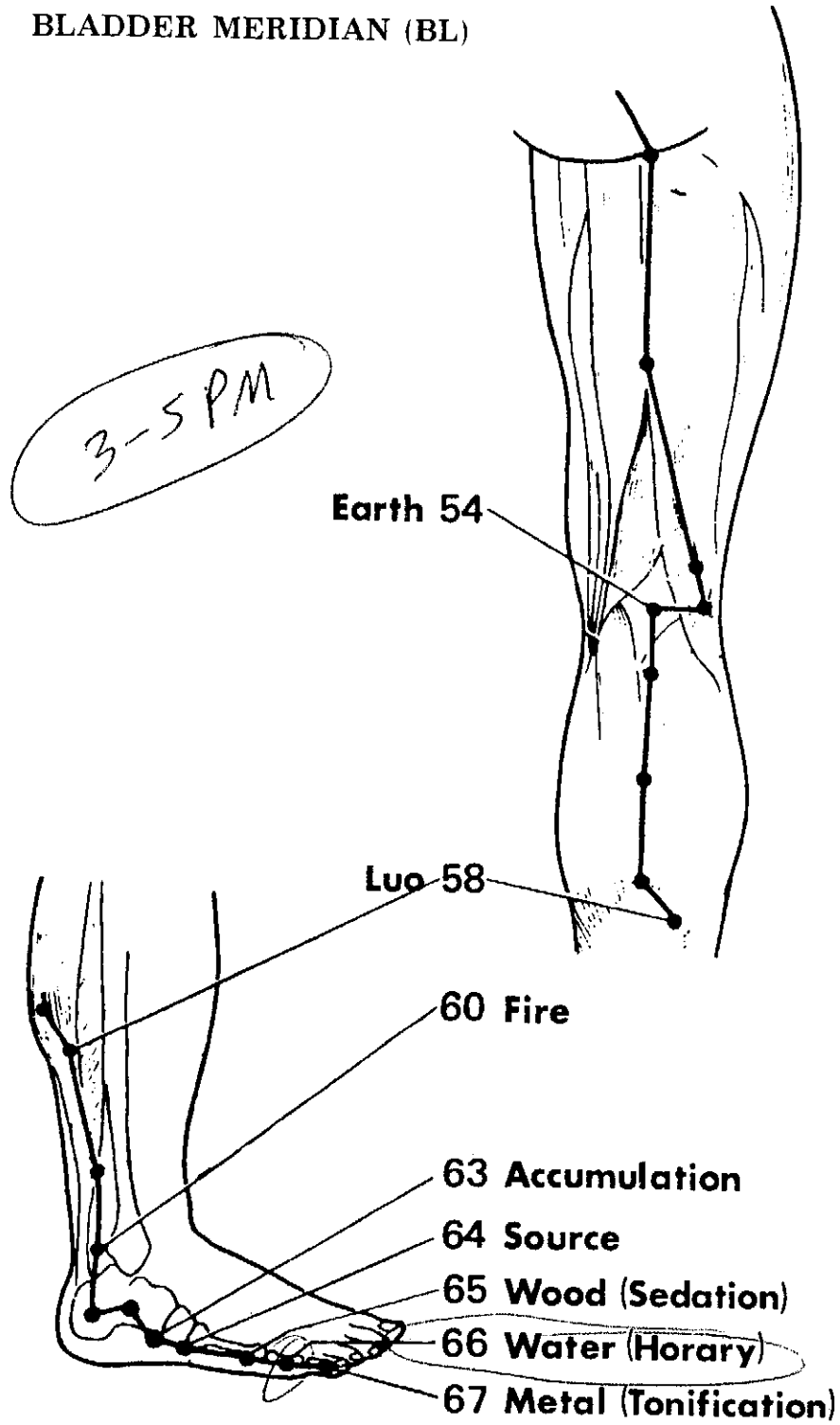


**POINTS OF COMMAND
and Accumulation Point**



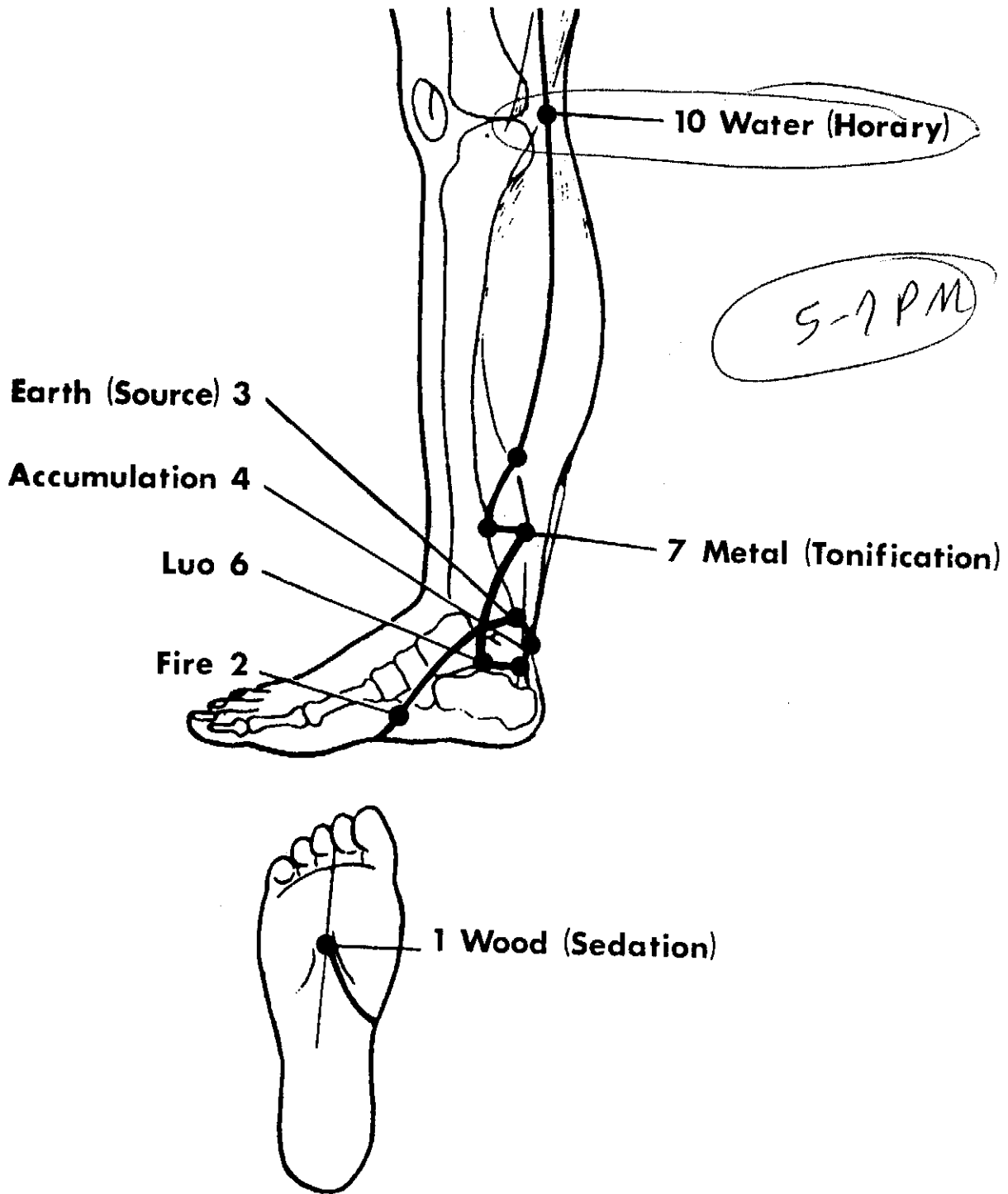
POINTS OF COMMAND
and Accumulation Point

BLADDER MERIDIAN (BL)



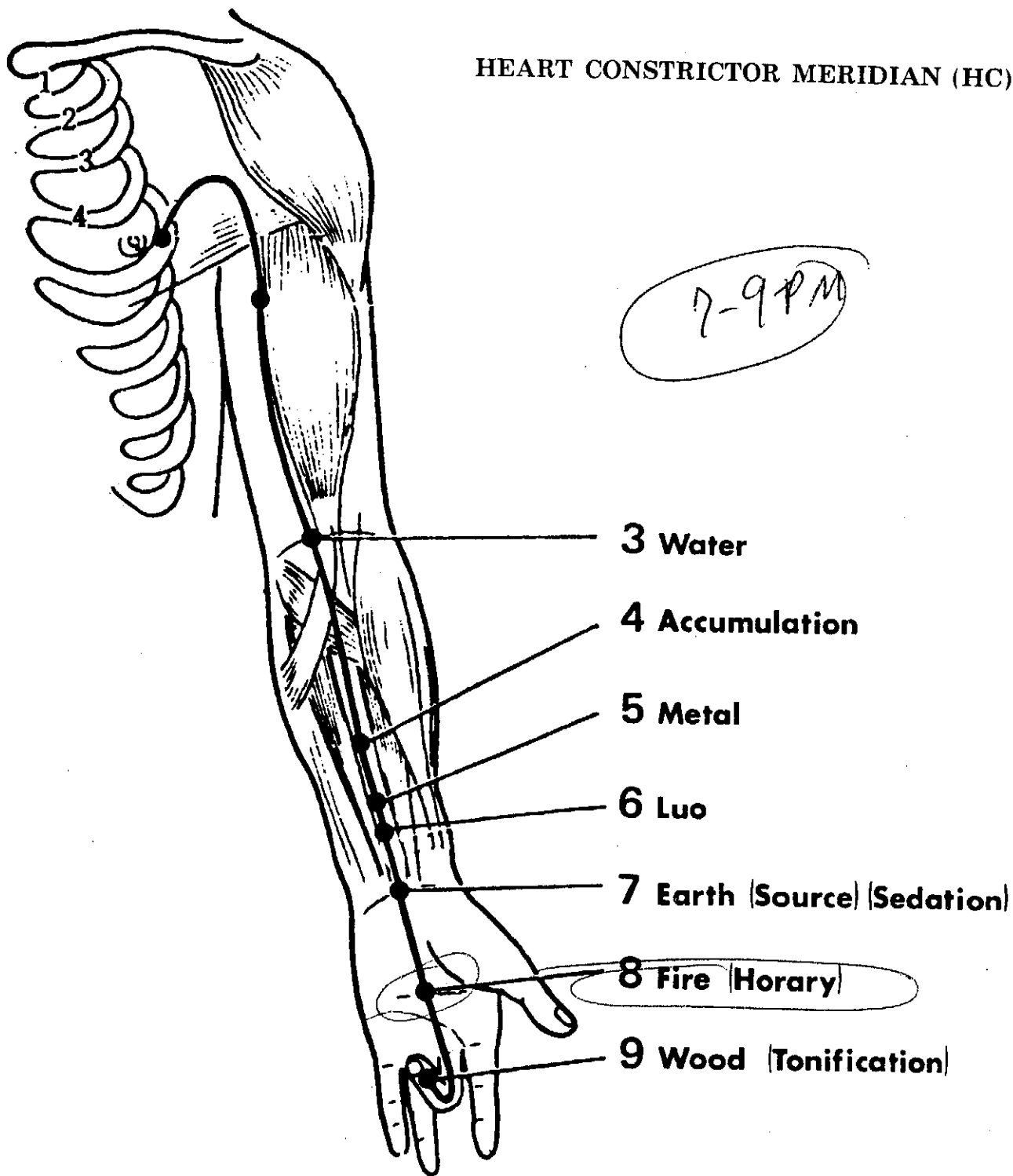
POINTS OF COMMAND
and Accumulation Point

KIDNEY MERIDIAN (KI)



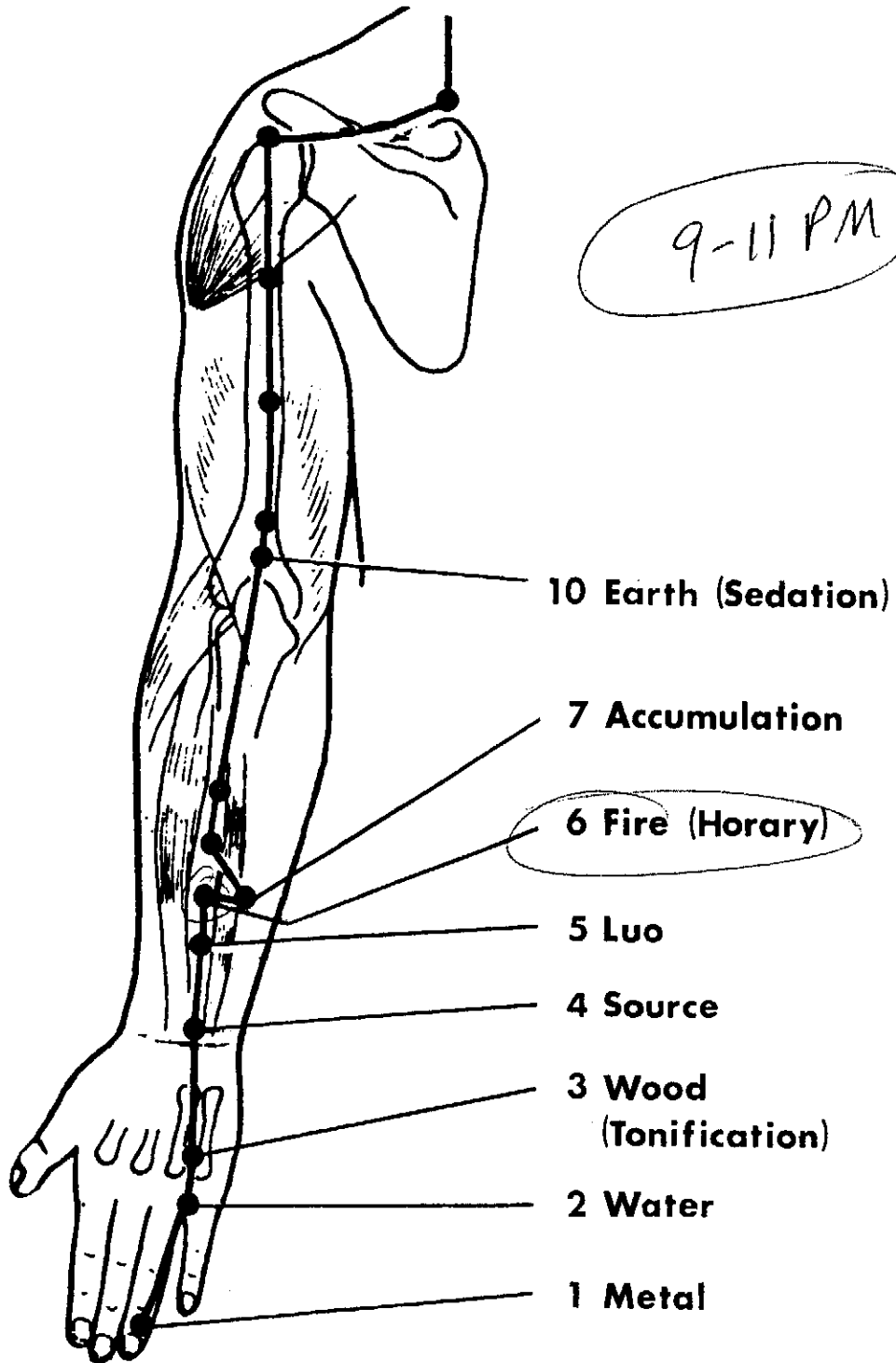
**POINTS OF COMMAND
and Accumulation Point**

HEART CONSTRICTOR MERIDIAN (HC)



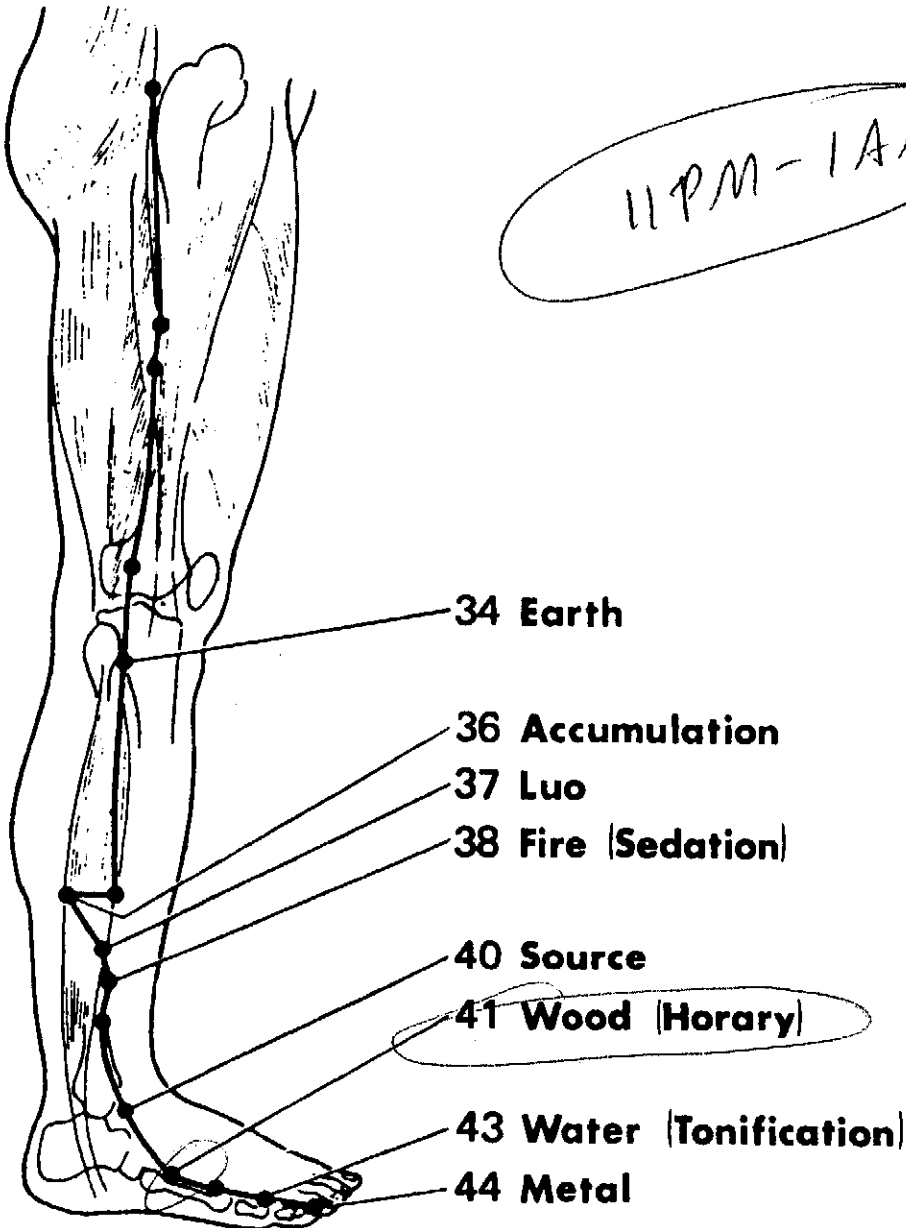
POINTS OF COMMAND
and Accumulation Point

TRI-HEATER MERIDIAN (TH)



**POINTS OF COMMAND
and Accumulation Point**

GALLBLADDER MERIDIAN (GB)



**POINTS OF COMMAND
and Accumulation Point**

LIVER MERIDIAN (LV)

1-3 AM

Water (Tonification) 8

Accumulation 6

Luo 5

Metal 4

Earth (Source) 3

Fire (Sedation) 2

Wood (Horary) 1

