

Horary Points

Horary points are command points, and are **the point on the meridian that is the same Element as the Official on which it resides. Thus, the Horary point will always be the Fire point of a Fire meridian** (i.e. HT 8, SI 5, PC 8, SJ 6) or the Earth point on an Earth meridian (i.e. ST 36, SP 3), and so on.

Horary points may be used as such only during the peak time of the Official concerned. According to the Law of Midday and Midnight, also known as the circadian or "Chinese Clock", each of the 12 Officials has an extra measure of energy to do its job during the two hours allotted to it. For example, the Lung Official is at its peak between 3 and 5AM, often the time when breathing techniques are practiced in ashrams or monasteries. The Stomach Official is at its peak between 7 and 9AM, the best time to take in and digest a meal, as evidenced by the ravenous appetites of most babies at those hours. If we are doing a Horary treatment of a patient with a CF in Earth, we would bring him/her in at approximately 8:30AM. This would allow time to gather information, take pulses, perhaps do a point or points prior to the Horaries, and then tonify ST 36 before 9:00AM. At 9:01, we could then tonify SP 3, giving a gift of equal value to both Officials, both at their peak times. When we use Horary points, we treat only the Officials of the CF. In the case of a Fire CF, we would treat the Horaries of the primarily imbalanced side.

Tonifying the Horary point of a meridian during its peak time harnesses that extra energy and power available only at that time. Additionally, it provides a look into the true state of the Official concerned. An Official may have been desperately "holding on" and presenting a façade. Feeling that help has finally arrived, the Official may relax and its pulses may plummet, showing its true state of deficiency. On the other hand, the pulses may spring to life with a Horary treatment, showing that there was truly a good amount of energy under the debris.

Using Horary points is akin to blowing or shaking the ashes off a fire. We need to know if there is fire alive under the ashes – how much or how little. We need to know whether we need to rebuild from scratch, or simply add a bit of wood to get the fire blazing. These examples are analogous to determining how much or how little treatment is needed. It gives us information as to what kinds of points will be needed - how many, and what the treatment interval should be.

Similarly, in the Earth Element, we need to know its true state. If the Earth is covered over with dead leaves and litter, we cannot know its state. Is it dry and sandy, moist and rich? Is it capable of nourishing seeds? In Metal, we need to know the state of the Element beneath the layers of accumulated rust and tarnish. What kind of Metal is it? In what condition is it? The answers to these questions will be largely determined by the pulse change that Horary points provide.